

# Neuse River Senior Games

&

*Silver Arts* SM



**April 16—April 25, 2013**

**REGISTRATION PACKET**

Athletic Competition  
**April 16—April 25, 2013**

Silver Arts Exhibition  
**April 17—19, 2013**

Registration Deadline

March 8, 2013

Late Registration Deadline

no later than 5:00 pm

March 15, 2013

## **Event Sites**

Twin Rivers YMCA \* Strike Zone Bowling Alley \* Harbour Town \* Creekside Park  
Emerald Golf & Country Club \* Grover C. Fields M.S. \* New Bern High School  
\* West New Bern Recreation Center \* Courtyards at Berne Village

## **Coordinating Agencies**

\* Craven Co. Recreation & Parks Department\*

Duplin Co. Services for the Aged \* Eastern Carolina Council Area Agency on Aging \* Twin Rivers YMCA  
Greene Co. Council on Aging \* Havelock Parks & Recreation Department \* Jones County Senior Services  
Lenoir Co. Council on Aging \* New Bern Parks & Recreation Department \* Pamlico Co. Senior Services

# North Carolina Senior Games



Dear Senior Games Participant:

This year, The Neuse River Senior Games will celebrate its 28th year promoting health and fitness for Seniors 55 years old and better. As your Local Coordinator, I sincerely hope that you will join us this year.

The Steering Committee has been hard at work since June 2012 planning for a larger and better event for you. Please take the time to read the enclosed information carefully. **There are changes and deadlines that are very important.** Other changes and opportunities that we are excited about are:

- **Corn Hole**, a new event last year, was very successful and enjoyed by all. Please consider adding it to your schedule this year!
- An **Events Clinic** will be held April 11th. Please return the Events Clinic Form with your Registration.
- **Visual and Heritage Arts** 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners and **Literary** 1<sup>st</sup> and 2<sup>nd</sup> place winners will now qualify for the State Games.
- **Performing Arts** will be held **Wednesday, April 17th** at West New Bern Recreation Center. Come see our talented performers as they compete for the State Games Showcase.

The **Celebration of Games Opening Ceremony** will be held Wednesday, April 17th, 11:30 am at West New Bern Recreation Center. **Please mark your form to indicate your attendance at the Celebration of Games Opening Ceremony and the luncheon immediately following.**

If you will be participating in, or observing an outdoor event, please bring sunscreen, chairs, etc. to the event for your comfort. If you are interested in Team Softball or Basketball, please sign up and we will put you in touch with the coach.

Your Steering Committee asks that each one of you take the opportunity to be an ambassador for our Games. What a great time to invite friends to join us for fitness, fun and fellowship during the events! On behalf of the Steering committee, I extend best wishes for an enjoyable time at the 2013 Neuse River Senior Games.

For additional registration forms or questions pertaining to the Games, please call your local county coordinator.

See you at the Games!

*Johanne*

Johanne Pryor, Coordinator  
Neuse River Senior Games  
(252)745-5252



"A celebration of the creative expression of seniors in North Carolina", has been included as a major component of the traditional athletic competition of North Carolina Senior Games. Silver Arts encourages the continuing effort of older adults to

create, explore, and display the Visual, Heritage, Literary, and Performing Arts and to increase public awareness of their talents and activities. **Silver Arts unites the athlete and the artist in a program that recognizes the similarities of both endeavors: discipline, dedication, and pride in one's accomplishments.**

At present, Silver Arts recognizes four broad categories, each with several sub-categories. First & second place winners in the Literary subcategory will be eligible for the NC Senior Games Finals. First, second & third place winners in the Visual and Heritage sub-categories will be eligible for the NC Senior Games Finals. North Carolina Senior Games Finals awards, first, second and third place in each sub-category of these arts.

One overall winner in the Performing Arts category will also be eligible for the North Carolina Senior Games Finals and able to compete for first, second and third place awards. **The Neuse River Senior Games awards first, second, and third place in all the sub-categories.**

## **Guidelines**

- All persons entering Silver Arts must be 55 years of age or better and registered as a Neuse River Senior Games participant.
- Entries must be original works of the artist; must be a work created after the artist is age 55 or better and have been completed within two years of the Neuse River Senior Games registration deadline.
- Complete Silver Arts information is available at [www.ncseniorgames.org](http://www.ncseniorgames.org)

### **Visual Arts**

- All art work, except sculptures, must be clearly framed and wired (no serrated hooks or strings), ready to be hung. **Art work, except sculptures, not properly framed & wired will not be displayed.**
- Art work, except sculptures, can be no larger than 36" x 42", including matting and frame. Sculptures can be no heavier than 15 pounds, and must be able to be displayed in a 3' x 3' area.
- Master studies are accepted.
- The art piece must be an original work, not print, and the artist's name and title of entry must appear on or be attached to the entry for identification.
- The artist must send a photograph of the entry with the State Finals Entry Form and Silver Arts Information Form when entering the State Finals.

### **Literary Arts**

- Poems can be no longer than 40 lines.
- Short stories (fiction), essays, articles, life experiences can be no longer than 8 pages double-spaced with a 1" margin on all sides. Entries must have a title page which includes the title of the work, sub-category, and artist name.
- A display quality copy of the entry and 3 additional copies, **must be** submitted with the registration form.

### **Performing Arts**

- Performing entries are limited to 3 minutes of on-stage time.
- Performing entries may be one of the following: soloists with accompanists, small groups of 2-4 performers, or a large group of 5 or more performers.
- Performers must provide a CD or high quality cassette tape for performance with music tagged at the beginning of the tape/CD. Props are the responsibility of the performer.
- Performers wanting introductory material given prior to their performance are responsible for preparing it. Such material should be given to the Silver Arts chair for delivery to the Master of Ceremonies at the Revue Rehearsal.
- Voice presentations must be performed live (lip-synch is not permitted) and background music must be taped.
- Instructors and/or group members under age 55 will not be permitted to perform on stage with the group at local or state games.

### **Heritage Arts**

- Heritage art entries must be original work and the work of the individual and not a group effort.

# Registration Information

Enclosed is the registration form for the Neuse River Senior Games scheduled April 16-April 25, 2013 (*Rain dates for events are April 25th & April 26, 2013*). Games will be held in New Bern, with most events at the West New Bern Recreation Center, located on Pinetree Drive. The following bulleted list will give you an idea of where other events will be taking place.

- *Bowling*—Strike Zone Bowling Alley
- *Swimming*—Twin Rivers YMCA
- *Racquetball*—Twin Rivers YMCA
- *Archery*—Creekside Park
- *Golf*—Emerald Golf & Country Club
- *Tennis*—Harbour Town Racquet Club
- *Cycling*—Grover C. Fields Middle School
- *Track*—New Bern High School

**Note: Registration Forms must be completed on all sides, signed on the back (with medical information filled in) and accompanied with fee(s) to be accepted.**

## Registration Fees

A registration fee of \$12.00 is required from all participants registering by March 08, 2013. Late registration will be accepted March 11 through March 15, 2013 with an additional fee of \$3.00 (a total of \$15.00). Some activities will require extra fees (*this is indicated on the registration form*), which should be submitted in addition to the registration fee. **All fees must accompany the registration/waiver form for the participant to be eligible.** The registration fee includes lunch following the Opening Ceremonies, a Neuse River Senior Games T-shirt, and a hotdog lunch.

A limited number of scholarships are available. A scholarship is the base \$12.00 fee. To request and be considered for a scholarship, please check the line on the first page of the Registration Form.

**No Registration will be accepted after March 15, 2013 at 5:00 pm.  
ALL FEES ARE NON-REFUNDABLE**

- Only persons who are 55 years of age or better and residents of the six sponsoring counties, are eligible to participate in Senior Games. The six counties are Craven, Duplin, Greene, Jones, Lenoir, and Pamlico.
- You must be 55 by December 31, 2013.
- A participant must be a North Carolina resident for a minimum of 3 consecutive months of the year.



*Due to the strenuous nature of these events, it is recommended that you consult your physician prior to beginning training for the actual competition.*

**Remember!**

Send your registration form, fees, signed waiver to:  
**Neuse River Senior Games**  
 406 Craven Street  
 New Bern, NC 28560

Make checks payable to:  
**Neuse River Senior Games**

**DO NOT SEND CASH!**

# 28TH ANNUAL NEUSE RIVER SENIOR GAMES

2013 OFFICIAL REGISTRATION FORM  
SILVER ARTS AND ATHLETICS

**APRIL 16TH—APRIL 25TH, 2013**

**Early Bird Registration:** ..... **March 8, 2013**  
**Final Registration:**..... **March 15, 2013 (no later than 5:00 pm)**

Please Print All Information Clearly

Name: _____			First-Time Participant? If yes, <input type="checkbox"/>		
First	Middle Initial	Last	check here		
Mailing Address: _____					
Street/Post Office Box		City	State	County	Zip
Home Telephone: (____) _____			Email Address: _____		
Birth Date: ____/____/____		Gender: M F		Age as of December 31, 2013 _____	
Month Day Year					
T-Shirt Size: (circle one)    Small    Medium    Large    X-Large    XX-Large    XXX Large					
<b>Optional Information</b> <i>I decline to answer the questions below</i> _____					
<u>Ethnicity</u>					
African American _____ Asian _____ American Indian _____ Hispanic _____ White _____ Other _____					
<u>Income</u>					
Annual household income is less than \$11,170 (1 person in household). Yes _____ No _____					
Annual household income is less than \$15,130 (2 people in household). Yes _____ No _____					
Scholarship consideration requested. Yes _____ No _____					
<u>Housing</u>					
Are you currently living in a senior living community? Yes _____ No _____ If yes, phone # _____					
<i>A participant must be a North Carolina resident for a minimum of 3 consecutive months of the year.</i>					

**Before mailing your registration form, be sure to complete the following :**

- I will attend Opening Ceremony Luncheon. \_\_\_\_\_
- I would like to be a volunteer. \_\_\_\_\_
- Registration Form
- Liability Waiver/Medical Info.-PLEASE SIGN!

<b>FEE SCHEDULE</b>
• Registration Fee: <b>\$12 (includes t-shirt &amp; lunch)</b>
• Late Registration Fee: <b>\$15 (between March 11-15)</b>
• Bowling Fee: <b>\$6.75 (per event)</b>
• Golf Fees (with cart): <b>\$25</b>
• <b>Extra T-Shirt: \$7—what size/how many:</b> _____
• <b>Extra Lunch: \$6—how many:</b> _____

<b>PAYMENTS</b>	
Registration Fee	\$ _____
Bowling Fee	\$ _____
Golf Fee	\$ _____
Extra T-Shirt Fee	\$ _____
Extra Lunch Fee	\$ _____
<b>Total Enclosed</b>	<b>\$ _____</b>

**Make checks payable to:** Neuse River Senior Games, 406 Craven Street, New Bern, NC 28560

# Athletic Events

Please mark an X beside the appropriate event category

## Tuesday, April 16, 2013

10:00 am \_\_\_\_\_ Racquetball

12:30 pm—Warm-up (optional)

\*1:00 pm—Swimming (enter 6 events only)

### Order of Events

\_\_\_\_\_ 100 yard Individual Medley

\_\_\_\_\_ 100 yard Breaststroke

\_\_\_\_\_ 100 yard Freestyle

\_\_\_\_\_ 100 yard Butterfly

\_\_\_\_\_ 200 yard Freestyle

\_\_\_\_\_ \*\*25 yard Backstroke

\_\_\_\_\_ 50 yard Butterfly

\_\_\_\_\_ 50 yard Breaststroke

\_\_\_\_\_ \*\*25 yard Butterfly

\_\_\_\_\_ 100 yard Backstroke

\_\_\_\_\_ 200 yard Breaststroke

\_\_\_\_\_ \*\*25 yard Freestyle

\_\_\_\_\_ 200 yard Individual Medley

\_\_\_\_\_ 50 yard Backstroke

\_\_\_\_\_ \*\*25 yard Breaststroke

\_\_\_\_\_ 500 yard Freestyle

\_\_\_\_\_ 50 yard Freestyle

\_\_\_\_\_ 200 yard Backstroke

## Wednesday, April 17, 2013

\*8:30 am \_\_\_\_\_ Silverstriders Fun Walk

\*9:00 am \_\_\_\_\_ Bocce (men)

\*9:00 am \_\_\_\_\_ Horseshoes (women)

9:00-11:00 am

\_\_\_\_\_ Football Throw (women)

\_\_\_\_\_ Softball Throw (women)

**11:30 am \_\_\_\_\_ Opening Ceremony**

\*1:30 pm \_\_\_\_\_ Bocce (women)

\*1:30 pm \_\_\_\_\_ Horseshoes (men)

1:30-3:00 pm

\_\_\_\_\_ Football Throw (men)

\_\_\_\_\_ Softball Throw (men)

2:00-4:00 pm

\_\_\_\_\_ Basketball Shooting

## Thursday, April 18, 2013

\*9:00 am \_\_\_\_\_ Shuffleboard

\*9:00 am \_\_\_\_\_ 1 Mile Cycling

\*TBD \_\_\_\_\_ Archery

\*9:30 am \_\_\_\_\_ 5K Cycling

9:30 am \_\_\_\_\_ Spin Casting

\*11:00 am \_\_\_\_\_ 10K Cycling

\*1:00 pm \_\_\_\_\_ Shuffleboard

- (\*\*\*)*To qualify for State Finals, golfers need to meet a minimum performance score (MPS) and finish in the top 3 in their age group. MPS available from your coordinator.*

### • (\*) Indicates a Tournament Event

You **must** report to the Event Manager at the specified times in order to avoid disqualification! Each Team Sport player must be a registered Neuse River Senior Games participant.

## Friday, April 19, 2013

8:00 am \_\_\_\_\_ 5K Race Walk

\*8:30 am—Table Tennis (enter 2 events only)

\_\_\_\_\_ Singles

\_\_\_\_\_ Doubles—Partner \_\_\_\_\_

\_\_\_\_\_ Mixed—Partner \_\_\_\_\_

\*8:30 am \_\_\_\_\_ Croquet

9:00 am-12:00 pm

\_\_\_\_\_ Shotput

\_\_\_\_\_ Discus

\_\_\_\_\_ Standing Long Jump

\_\_\_\_\_ Running Long Jump

\*9:00 am \_\_\_\_\_ 5K Run

\*9:30 am \_\_\_\_\_ 100 Meter Dash

\*10:00 am \_\_\_\_\_ 800 Meter Dash

\*10:10 am \_\_\_\_\_ 200 Meter Dash

\*10:25 am \_\_\_\_\_ 1500 Meter Run

\*10:35 am \_\_\_\_\_ 400 Meter Dash

\*10:45 am \_\_\_\_\_ 1500 Meter Race Walk

**12:30 pm \_\_\_\_\_ Free Hotdog Lunch**

1:30 pm—Badminton (enter 2 events only)

\_\_\_\_\_ Singles

\_\_\_\_\_ Doubles—Partner \_\_\_\_\_

\_\_\_\_\_ Mixed—Partner \_\_\_\_\_

1:30 pm \_\_\_\_\_ Billiards

\*1:30 pm \_\_\_\_\_ Cornhole

## Monday, April 22, 2013

\*9:00 am—Bowling (enter 2 events only—\$6.75 /event)

\_\_\_\_\_ Singles

\_\_\_\_\_ Doubles—Partner \_\_\_\_\_

\_\_\_\_\_ Mixed—Partner \_\_\_\_\_

## Tuesday & Wednesday, April 23-24, 2013

Tennis—Event Manager will call you with match times.

\_\_\_\_\_ Singles (2 events only)

\_\_\_\_\_ Doubles—Partner \_\_\_\_\_

\_\_\_\_\_ Mixed—Partner \_\_\_\_\_

## Thursday, April 25, 2013

\*\*\*1:00 pm \_\_\_\_\_ Golf (\$25 fee)

### Date & Time—TBD

3 on 3 Basketball

Team Name \_\_\_\_\_

Captain \_\_\_\_\_

Player \_\_\_\_\_ Player \_\_\_\_\_

### Date & Time—TBD

\_\_\_\_\_ Softball Team

\_\_\_\_\_ Team Name

\_\_\_\_\_ Team Captain

- (\*\*\*) *Indicates that this event is NOT a State or National Games Event.*

- “To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended. High intensity types of activities are offered primarily for the conditioned, trained athlete.”

# Silver Arts Events

Please mark an X beside the appropriate event category

Only ONE entry is allowed in each sub category.

Grouped sets (Visual & Heritage categories) may have NO MORE THAN three members.

## Visual Arts

- Oil
- Acrylic
- Watercolor
- Drawing
- Photography
- Sculpture
- Pastels
- Mixed Media

## Title (required)

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## Heritage Arts

- Quilting
- Weaving
- Tatting & Needle Lace
- Crocheting
- Knitting
- Needlework
- Hooked Rugs
- Basket Weaving
- Pottery (thrown/hand built)
- Jewelry
- Tole Painting
- Stained Glass
- China Painting
- Woodcarving
- Woodturning
- Wood Working

## Title/Design/Pattern/Medium (required)

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## Literary Arts (3 copies-mail with form)

- Poem
- Short Story (fiction)
- Essay
- Life Experience

## Title (required)

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## Performing Arts

- Dance
- Vocal
- Instrumental
- Comedy/Drama
- Line Dance

## Title/# in Group/ Group Leader and Phone #

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All persons entering Silver Arts must be at least 55 years of age and registered as a Neuse River Senior Games participant. Instructors and/or group members under age 55 will not be permitted to perform on stage with the group at the local or state Senior Games.

# Neuse River Senior Games Liability Waiver

In consideration of being allowed to participate in any way in the 2013 Neuse River Senior Games (NRSRG) Athletic/Sports/Silver Arts program, and related events and activities, I the undersigned participant agree to:

- Indemnify, save and hold harmless, the Neuse River Senior Games or any of their agents or representatives for my health, safety, or any injury resulting from my participation in the games.
- Have prepared myself for the events which I have entered by practicing prior to the NRSRG. To the best of my knowledge, I have no physical restrictions which would prohibit my participation in the games. NRSRG has my permission to have a physician attend me if it is deemed necessary during my participation.
- Agree to release and hold harmless the NRSRG from any damage to/loss of my art entry. I certify that the art piece(s) I enter are my own work, were created after having reached the age of 55 and within the last two years, and are not manufactured in any sense of the word.
- I grant the NRSRG the free and unrestricted right to use my name and picture in any broadcast, telecast or other written or photographic account of the NRSRG without compensation.

***“ I understand that it is my responsibility to check with my Local Senior Games Coordinator immediately following my Local Senior Games to determine if I am qualified for State Finals and to get a State Finals Entry Packet. My State Finals Entry Form must be received in the NC Senior Games office in Raleigh, NC by 5:00 pm on August 1, 2013. I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered.”***

\_\_\_\_\_  
**Participant Signature**

\_\_\_\_\_  
**Date**

*A participant must be a North Carolina resident for a minimum of 3 consecutive months of the year AND a resident of the six NRSRG sponsoring counties.*

## Participant Medical Information

*The staff and volunteers of Neuse River Senior Games (NRSRG) are committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult his/her doctor in regards to preparation for, and competition in, the Senior Games or any similar activity. Please inform NRSRG at the time of any change(s) in your medication or health status.*

- **If none of the following applies to you, write “none” in each space.**
- **Your doctor’s phone number must be listed.**

**1. List any specific medical conditions or health concerns:**

\_\_\_\_\_.

**2. List any medications you are currently taking:**

\_\_\_\_\_.

**3. List any medications to which you are allergic and/or any other allergies:**

\_\_\_\_\_.

**Name of Personal Physician:** \_\_\_\_\_ **Phone # ( )** \_\_\_\_\_

**Emergency Contact (must list at least one person)**

\_\_\_\_\_ ( ) \_\_\_\_\_  
 Name Relationship Phone Number

\_\_\_\_\_ ( ) \_\_\_\_\_  
 Name Relationship Phone Number

# General Information

**Confirmation:** In early April you will receive a letter confirming your events with times and places listed. If you believe the confirmation is incorrect, please call (252) 636-6606 to verify.

**Rules:** Rules for all events are available at [www.ncseniorgames.org](http://www.ncseniorgames.org) or by contacting the Events Director, Billy Wilkes at (252) 636-6606.

**Awards:** In Athletic Events, Gold, Silver, and Bronze medals will be awarded to the top three finishers in each age category, for males and females. Awards will be available to winners as soon as final results from each event are tallied. The Awards Table is located at West New Bern Recreation Center.

**State Finals Entry Forms:** DO NOT MAIL BEFORE MAY 31, 2013! The State Finals entry form must be received in Raleigh at the NC Senior Games Office no later than 5:00 pm on August 1, 2013.

**Opening Day Luncheon:** A catered lunch will be served following the Opening Ceremonies. The cost is included in the registration fee. **You must indicate your attendance on your registration form.** Lunch is provided for paid participants only. **Additional lunches must be reserved and paid for by Friday March 15 at a cost of \$6.00 each.**



Rain Dates: April 25-26, 2013  
 IN CASE OF RAIN, please call the following numbers  
 (252)639-2912 or (252)671-1966



# Registration/Check-in Information

Pick-up your registration packets at the following locations:

<b>Swimming .....</b>	<b>Twin Rivers YMCA .....</b>	<b>Tuesday</b>	<b>April 16, 2013</b>
<b>Heritage, Literary, &amp; Visual Arts .....</b>	<b>West NB Rec. Center.....</b>	<b>Tuesday</b>	<b>April 16, 2013</b>
<b>Other Events.....</b>	<b>West NB Rec. Center.....</b>	<b>Wed-Fri</b>	<b>April 17-19, 2013</b>
<b>Archery.....</b>	<b>Creekside Park .....</b>	<b>TBD</b>	<b>TBD</b>
<b>Racquetball.....</b>	<b>Twin Rivers YMCA .....</b>	<b>Tuesday</b>	<b>April 16, 2013</b>
<b>Bowling.....</b>	<b>Strike Zone .....</b>	<b>Monday</b>	<b>April 22, 2013</b>
<b>Tennis .....</b>	<b>Harbour Town Racquet Club..</b>	<b>Tues &amp; Wed</b>	<b>April 23-24, 2013</b>
<b>Performing Arts.....</b>	<b>West NB Rec. Center.....</b>	<b>Wednesday</b>	<b>April 17, 2013</b>
<b>Golf .....</b>	<b>Emerald Golf &amp; Country Club</b>	<b>Thursday</b>	<b>April 25, 2013</b>
<b>Basketball Tournament.....</b>	<b>West NB Rec. Center.....</b>	<b>TBD</b>	<b>TBD</b>
<b>Softball Tournament.....</b>	<b>Creekside Park .....</b>	<b>TBD</b>	<b>TBD</b>

# Athletic Events Schedule At-A-Glance

Tue., April 16	*Racquetball	10:00 am	Twin Rivers YMCA
Tue., April 16	*Swimming Events	1:00 pm	Twin Rivers YMCA
Wed., April 17	Silverstriders Fun Walk	8:30 am	West NB Recreation Center
Wed., April 17	*Bocce (men)	9:00 am	West NB Recreation Center
Wed., April 17	*Horseshoes (women)	9:00 am	West NB Recreation Center
Wed., April 17	Football Throw (women)	9am-11:00am	West NB Recreation Center
Wed., April 17	Softball Throw (women)	9am-11:00am	West NB Recreation Center
<b>Wed., April 17</b>	<b>Opening Ceremonies</b>	<b>11:30 am</b>	<b>West NB Recreation Center</b>
<b>Wed., April 17</b>	<b>Luncheon</b>	<b>12:15 pm</b>	<b>West NB Recreation Center</b>
Wed., April 17	*Bocce (women)	1:30 pm	West NB Recreation Center
Wed., April 17	*Horseshoes (men)	1:30 pm	West NB Recreation Center
Wed., April 17	Football Throw (men)	1:30-3:00 pm	West NB Recreation Center
Wed., April 17	Softball Throw (men)	1:30-3:00 pm	West NB Recreation Center
Wed., April 17	Basketball Shooting	2pm-4:00 pm	West NB Recreation Center
Thurs., April 18	*Shuffleboard	9:00 pm	West NB & Courtyards
Thurs., April 18	*1 mile Cycling	9:00 am	Grover C. Fields M.S.
Thurs., April 18	*Archery	9:30 am	Creekside Park
Thurs., April 18	*5K Cycling	9:30 am	Grover C. Fields M.S.
Thurs., April 18	Spin Casting	9:30 am	West NB Recreation Center
Thurs., April 18	*10K Cycling	11:00 am	Grover C. Fields M.S.
Thurs., April 18	*Shuffleboard	1:00 pm	West NB & Courtyards
Fri., April 19	*5K Race Walk	8:00 am	New Bern High School
Fri., April 19	*Table Tennis	8:30 am	West NB Recreation Center
Fri., April 19	*Croquet	8:30 am	West NB Recreation Center
Fri., April 19	Shotput/Discus	9am-12 pm	New Bern High School
Fri., April 19	Long Jump (S/R)	9am-12 pm	New Bern High School
Fri., April 19	*5K Run	9:00 am	New Bern High School
Fri., April 19	*100 Meter Dash	9:30 am	New Bern High School
Fri., April 19	*800 Meter Dash	10:00 am	New Bern High School
Fri., April 19	*200 Meter Dash	10:10 am	New Bern High School
Fri., April 19	*1500 Meter Run	10:25 am	New Bern High School
Fri., April 19	*400 Meter Dash	10:35 am	New Bern High School
Fri., April 19	*1500 Meter Race Walk	10:45 am	New Bern High School
<b>Fri., April 19</b>	<b>Free Hot Dog Lunch</b>	<b>12:30 pm</b>	<b>West NB Recreation Center</b>
Fri., April 19	Badminton	1:30 pm	West NB Recreation Center
Fri., April 19	Billiards	1:30 pm	West NB Recreation Center
Fri., April 19	*Cornhole	1:30 pm	West NB Recreation Center
Mon., April 22	*Bowling (\$6.75/ event)	9:00 am	Strike Zone Bowling Alley
Tues-Wed, April 23-24	Tennis	TBD	Harbour Town Racquet Club
Thurs., April 25	Golf (\$25)	1:00 pm	Emerald Golf & Country
TBD	Basketball Tournament	TBD	West NB Recreation Center
TBD	Softball Tournament	TBD	Creekside Park

(\*Shows tournament events where you must report to the event manager on time or be disqualified!

(\*\*) Indicates the event is not a state or national games event

## Athletic Events-contd.

Please indicate the events you wish to enter on the registration form. You may enter all the events you wish, but if two events overlap or are scheduled at the same time, it is up to you to meet the games requirements for those events. **Tournament** events require you to report at the time listed. Tournament events are indicated with an asterisk (\*). **Open** events allow you to report at any time during the time period listed. Where a time conflict exists between tournament and open events, you must report to the tournament event first and participate *prior* to moving on to the open event. *Failure to do so will cause disqualification.* Your age as of December 31, 2013 determines the category in which you will be placed for competition. Participants compete against others of their own sex and age as follows:

55-59      60-64      65-69      70-74      75-79      80-84      85-89      90-94      95-99      100+

**ONLY RETURN THE REGISTRATION/WAIVER SECTION. KEEP THE REST FOR YOUR INFORMATION.**

**\*\*PARTICIPANTS MUST BE A NORTH CAROLINA RESIDENT FOR A MINIMUM OF THREE CONSECUTIVE MONTHS OF THE YEAR.**

## Silver Arts Events Schedule At-A-Glance

<b>Tues, April 16</b>	<b>Check-In</b>	<b>Silver Arts Exhibitors</b>	<b>10 am—2 pm</b>	<b>West NB Recreation Ctr.</b>
Wed., April 17	Exhibition	Silver Arts	9:00 am—4:00 pm	West NB Recreation Ctr.
Wed., April 17	Rehearsal	Performing Arts	10:00 am	West NB Recreation Ctr.
Wed., April 17	Revue	Performing Arts	10:30 am	West NB Recreation Ctr.
Thur., April 18	Exhibition	Silver Arts	9:00 am—4:00 pm	West NB Recreation Ctr.
Fri., April 19	Exhibition	Silver Arts	9:00 am—10:30 am	West NB Recreation Ctr.
<b>Fri., April 19</b>	<b>Check Out</b>	<b>Silver Arts Exhibitors</b>	<b>11 am—12:30 pm</b>	<b>West NB Recreation Ctr.</b>

- First, second & third place winners in **Visual and Heritage Arts** will be eligible for the NC Senior Games Finals. First & second place winners in the **Literary sub-category** will be eligible for the NC Senior Games Finals. However, North Carolina Senior Games Finals awards first, second, and third place in each sub-category of these arts.
- Artists may not enter a piece of art work if the art piece, performance or literary art work has previously been entered in State Finals.
- **LITERARY ENTRIES MUST BE MAILED WITH THE ENTRY FORM.**
- Participants must complete the official registration form (with signature, inclusive of **medical information and physicians phone number.** The liability waiver must be signed and the “fees” section of the registration form must be completed.
- Registration deadline for Silver Arts is the same as for all other components of the Neuse River Senior Games.

**The Neuse River Senior Games and the North Carolina Senior Games State Finals have the right to refuse or remove any or all entries that are deemed obnoxious or repulsive in character.**

Mail to:

Neuse River Senior Games  
406 Craven Street  
New Bern, NC 28560

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# Neuse River Senior Games

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*Silver Arts*™



**April 16—April 25, 2013**

*This program is sanctioned by the North Carolina Senior Games, Inc. NCSG Inc. is sponsored statewide by the North Carolina Division of Aging and Adult Services.*