

# Neuse River Senior Games



**April 20—April 30, 2009**

## **REGISTRATION PACKET**

Athletic Competition  
**April 20—April 30, 2009**

Silver Arts Exhibition  
**April 20—22, 2009**

Registration Deadline

March 13, 2009

Late Registration Deadline

no later than 5:00 pm

March 20, 2009

### **Event Sites**

Twin Rivers YMCA \* Strike Zone Bowling Alley \* Courts Plus  
Lawson Creek Park \* Harbour Town \* Carolina Pines Golf & Country Club  
Grover C. Fields M.S.\* Creekside Park \* West New Bern Recreation Center  
Trinity United Methodist Church \* New Bern High School \* Swing Zone

### **Coordinating Agencies**

Coastal Community Action, Inc. \* Craven Co. Recreation & Parks Department  
Duplin Co. Services for the Aged \* Eastern Carolina Council Area Agency on Aging \* Twin Rivers YMCA  
Greene Co. Council on Aging \* Havelock Parks & Recreation Department \* Jones County Senior Services  
Lenoir Co. Council on Aging \* New Bern Parks & Recreation Department \* Pamlico Co. Senior Services

# North Carolina Senior Games



Dear Senior Games Participant:

This year, The Neuse River Senior Games will celebrate its 24th year promoting health and fitness for Seniors 55 years old and better. As your Local Coordinator, I sincerely hope that you will join us this year.

The Steering Committee has been hard at work since June 2008 planning for a larger and better event for you. Please take the time to read the enclosed information carefully. **There are changes and deadlines that are very important.** Other changes and opportunities that we are excited about are:

- **Track and Field** events are scheduled for the beautiful facility at New Bern High School.
- The **Silver Striders Fun Walk** event will be held at Lawson Creek Park.
- **Woodturning** is in its second year of the Heritage Arts category in Silver Arts.
- **Miniature Golf**, at Swing Zone, is continuing as a local, **fun** event!
- An **Events Clinic** will be held April 7th. Please return the Events Clinic Form (found in the Registration Packet) with your Registration.
- Performing Arts will be held May 7th at Trinity United Methodist Church.
- Golf will be held at Carolina Pines Golf and Country Club.

If you will be participating in or observing an outdoor event, please bring sunscreen, chairs, etc. to the event for your comfort. If you are interested in Team Softball, please sign up and we will put you in touch with the coach.

**The Celebration of Games Opening Ceremony will be held Monday, April 20<sup>th</sup>, 11:30 am at West New Bern Recreation Center. Please remember to mark your form to indicate your attendance at the ceremony and the luncheon immediately following.**

Your Steering Committee asks that each one of you take the opportunity to be an ambassador for our Games. What a great time to invite friends to join us for fitness, fun and fellowship during the events! On behalf of the Steering Committee, I extend best wishes for an enjoyable time at the 2009 Neuse River Senior Games.

For additional registration forms or questions pertaining to the Games, please call your local representative.

See you at the Games!

*Johanne Pryor*

Johanne Pryor, Coordinator  
Neuse River Senior Games  
(252)745-5252



"A celebration of the creative expression of seniors in North Carolina", has been included as a major component of the traditional athletic competition of North Carolina Senior Games. Silver Arts encourages the continuing effort of older adults to

create, explore, and display the Visual, Heritage, Literary, and Performing Arts and to increase public awareness of their talents and activities.

Silver Arts unites the athlete and the artist in a program that recognizes the similarities of both endeavors: discipline, dedication, and pride in one's accomplishments.

At present, Silver Arts recognizes four broad categories, each with several sub-categories. First place winners in the Literary subcategory will be eligible for the NC Senior Games Finals. First and second place winners in the Visual and Heritage sub-categories will be eligible for the NC Senior Games Finals. North Carolina Senior Games Finals awards, first, second, and third place in each sub-category of these arts.

One overall winner in the Performing Arts category will also be eligible for the North Carolina Senior Games Finals and able to compete for first, second and third place awards. **The Neuse River Senior Games awards first, second, and third place in all the sub-categories.**

## **Guidelines**

- All persons entering Silver Arts must be 55 years of age or better and registered as a Neuse River Senior Games participant.
- Instructors and/or group members under age 55 will not be permitted to perform on stage with the group at local or state games
- Entries must be original works of the artist; must be a work created after the artist is age 55 or better and have been completed within two years of the Neuse River Senior Games registration deadline.
- Complete Silver Arts information is available at [www.ncseniorgames.org](http://www.ncseniorgames.org)

## **Requirements for Neuse River Senior Games and the North Carolina Senior Games Finals**

### **Visual Arts**

- All art work, except sculptures, must be clearly framed and wired (no serrated hooks or strings), ready to be hung. Art work, except sculptures, not properly wired will not be displayed.
- Art work, except sculptures, can be no larger than 36" x 42", including matting and frame. Sculptures can be no heavier than 15 pounds, and must be able to be displayed in a 3' x 3' area.
- Master studies are accepted.
- The art piece must be an original work, not print, and the artist's name and title of entry must appear on or be attached to the entry for identification.
- The artist must send a photograph of the entry with the State Finals Entry Form and Silver Arts Information Form when entering the State Finals.

### **Literary Arts**

- Poems can be no longer than 40 lines.
- Short stories (fiction), essays, articles, life experiences can be no longer than 8 pages double-spaced with a 1" margin on all sides. Entries must have a title page which includes the title of the work, sub-category, and artist name.
- A display quality copy of the entry and 3 additional copies, should be submitted with the registration form.

### **Performing Arts**

- Performing entries are limited to 3 minutes of on-stage times.
- Performing entries may be one of the following: soloists with accompanists, small groups of 2-4 performers, or a large group of 5 or more performers.
- Performers must provide a high quality cassette tape for performance with music tagged at the beginning of the tape. Props are the responsibility of the performer.
- Performers wanting introductory material given prior to their performance are responsible for preparing it. Such material should be given to the Silver Arts chair for delivery to the Master of Ceremonies at the Revue Rehearsal.
- Voice presentations must be performed live (lip-synch is not permitted) and background music must be taped.

### **Heritage Arts**

- Heritage art entries must be original work and the work of the individual and not a group effort.

# Registration Information

Enclosed is the registration form for the Neuse River Senior Games scheduled April 20-April 30, 2009 (*Rain dates for events are April 23 & April 30th, 2009*). Games will be held in New Bern, with most events at the West New Bern Recreation Center, located on Pinetree Drive. The following bulleted list will give you an idea of where other events will be taking place.

- *Bowling*—Strike Zone Bowling Alley
- *Swimming*—Twin Rivers YMCA
- *Silver Striders Fun Walk*—Lawson Creek Park
- *Racquetball*—Courts Plus
- *Archery*—Creekside Park
- *Golf*—Carolina Pines Golf & Country Club
- *Tennis*—Harbour Town Racquet Club
- *Performing Arts*—Trinity UMC
- *Cycling*—Grover C. Fields Middle School
- *Track*—New Bern High School
- *Miniature Golf*—Swing Zone

**(Note: Registration Forms must be completed on all sides, signed on the back and accompanied with fee(s) to be accepted.)**

## Registration Fees

A registration fee of \$12.00 is required from all participants registering by March 13, 2009. Late registration will be accepted March 16 through March 20, 2009 with an additional fee of \$3.00 (*a total of \$15.00*). Some activities will require extra fees (*this is indicated on the registration form*), which should be submitted in addition to the registration fee. All fees must accompany the registration/waiver form for the participant to be eligible. The registration fee includes lunch following the Opening Ceremonies, a Neuse River Senior Games T-shirt, and a hotdog lunch.

A limited number of scholarships are available. A scholarship is the base \$12.00 fee. To request and be considered for a scholarship, please check the line on the first page of the Registration Form.

**No Registration will be accepted after March 20, 2009 at 5:00 pm.  
ALL FEES ARE NON-REFUNDABLE**

Only persons who are 55 years of age or better, of the six sponsoring counties, are eligible to participate in the Neuse River Senior Games. The six counties are Craven, Duplin, Greene, Jones, Lenoir, and Pamlico. You must be 55 by December 31, 2009.



*Due to the strenuous nature of these events, it is recommended that you consult your physician prior to beginning training for the actual competition.*

### **Remember!**

Send your registration form,  
fees, signed waiver to:  
**Neuse River Senior Games**  
406 Craven Street  
New Bern, NC 28560

Make checks payable to:  
**Neuse River Senior Games**

**DO NOT SEND CASH!**

# 24TH ANNUAL NEUSE RIVER SENIOR GAMES

2009 OFFICIAL REGISTRATION FORM  
SILVER ARTS AND ATHLETICS

**APRIL 20—APRIL 30, 2009**

**Early Bird Registration:** ..... **March 13, 2009**  
**Final Registration:**..... **March 20, 2009 (no later than 5:00 pm)**

Please Print All Information Clearly

Name: _____			First-Time Participant? If yes, <input type="checkbox"/>		
First,	Middle Initial,	Last	check here		
Mailing Address: _____					
Street/Post Office Box	City	State	County	Zip	
Home Telephone: (____) _____			Email Address: _____		
Birth Date: ____/____/____		Gender: <input type="checkbox"/> M <input type="checkbox"/> F		Age as of December 31, 2009 _____	
Month	Day	Year			
T-Shirt Size: (circle one) <b>Small</b> <b>Medium</b> <b>Large</b> <b>X-Large</b> <b>XX-Large</b>					
<b>Optional Information</b>			<i>I decline to answer the questions below</i> _____		
<u>Ethnicity</u>					
African American _____		American Indian _____		Hispanic _____	
				White _____	
				Other _____	
<u>Income</u>					
Annual household income is less than \$10,400 (1 person in household). Yes _____ No _____					
Annual household income is less than \$14,000 (2 people in household). Yes _____ No _____					
Scholarship consideration requested. Yes _____ No _____					
<u>Housing</u>					
Are you currently living in a senior living community? Yes _____ No _____ If yes, phone # _____					

Before mailing your registration form, be sure to complete the following :

- I will attend Opening Ceremony Luncheon. \_\_\_\_\_
- I would like to be a volunteer. \_\_\_\_\_
- Registration Form
- Liability Waiver/Medical Info.-PLEASE SIGN!

<b>FEE SCHEDULE</b>
• Registration Fee: <b>\$12 (includes t-shirt &amp; lunch)</b>
• Late Registration Fee: <b>\$15 (after 3/20/09)</b>
• Bowling Fee: <b>\$6.75 (per event)</b>
• Golf Fees (with cart): <b>\$25</b>
• Miniature Golf Fee: <b>\$4</b>
• <b>Extra T-Shirt:</b> \$7—what size/how many: _____
• <b>Extra Lunch:</b> \$6—how many: _____

<b>PAYMENTS</b>	
Registration Fee	\$ _____
Bowling Fee	\$ _____
Golf Fee	\$ _____
Miniature Golf Fee	\$ _____
Extra T-Shirt Fee	\$ _____
Extra Lunch Fee	\$ _____
<b>Total Enclosed</b>	<b>\$ _____</b>

**Make checks payable to:** Neuse River Senior Games, 406 Craven Street, New Bern, NC 28560

# Athletic Events

Please mark an X beside the appropriate event category

## Monday, April 20, 2009

\*9:00 am \_\_\_\_\_ Shuffleboard (men)  
\*9:00 am \_\_\_\_\_ Horseshoes (women)  
9:00-10:30 am

\_\_\_\_\_ Football Throw (women)

\_\_\_\_\_ Softball Throw (women)

### 11:30 am \_\_\_\_\_ Opening Ceremony

1:00 pm—Warm-up-Shuffleboard/Horseshoes

\*1:30 pm \_\_\_\_\_ Shuffleboard (women)

\*1:30 pm \_\_\_\_\_ Horseshoes (men)

1:30-3:00 pm

\_\_\_\_\_ Football Throw (men)

\_\_\_\_\_ Softball Throw (men)

## Tuesday, April 21, 2009

\*8:30 am \_\_\_\_\_ Silverstriders Fun Walk

\*9:00 am \_\_\_\_\_ 1 Mile Cycling

\*9:30 am \_\_\_\_\_ Archery

\*9:30 am \_\_\_\_\_ 5K Cycling

9:30 am \_\_\_\_\_ Spin Casting

9:30-11:30 am

\_\_\_\_\_ Basketball Shooting

\*11:00 am \_\_\_\_\_ 10K Cycling

\*12:30 pm \_\_\_\_\_ Bocce

\*2:00 pm \_\_\_\_\_ Racquet Ball

## Wednesday, April 22, 2009

8:30 am \_\_\_\_\_ 5K Race Walk

\*8:30 am—Table Tennis (enter 2 events only)

\_\_\_\_\_ Singles

\_\_\_\_\_ Doubles—Partner \_\_\_\_\_

\_\_\_\_\_ Mixed—Partner \_\_\_\_\_

\*9:00 am \_\_\_\_\_ Croquet

9:00 am-12:00 pm

\_\_\_\_\_ Shotput/Discus

\_\_\_\_\_ Long Jump (S/R)

\*9:00 am \_\_\_\_\_ 5K Run

\*9:30 am \_\_\_\_\_ 100 Meter Dash

\*10:00 am \_\_\_\_\_ 800 Meter Dash

\*10:10 am \_\_\_\_\_ 200 Meter Dash

\*10:25 am \_\_\_\_\_ 1500 Meter Run

\*10:30 am \_\_\_\_\_ 400 Meter Dash

\*10:45 am \_\_\_\_\_ 1500 Meter Race walk

### 12:00 pm \_\_\_\_\_ Free Hotdog Lunch

1:30 pm \_\_\_\_\_ Badminton (enter 2 events only)

\_\_\_\_\_ Singles

\_\_\_\_\_ Doubles—Partner \_\_\_\_\_

\_\_\_\_\_ Mixed—Partner \_\_\_\_\_

1:30 pm \_\_\_\_\_ Billiards

## Thursday, April 23, 2009

\*10:00 am \_\_\_\_\_ Miniature Golf (\$3 fee)

• *To qualify for State Finals, golfers need to meet a minimum performance score (MPS) and finish in the top 3 in their age group. MPS available from your coordinator.*

• *A participant must be a North Carolina resident for a minimum of 3 consecutive months of the year.*

## Friday, April 24, 2009

8:00 am—Warm-up (optional)

\*9:00 am—Swimming (enter 5 events only)

### Order of Events

\_\_\_\_\_ 100 yard Individual Medley

\_\_\_\_\_ 100 yard Breaststroke

\_\_\_\_\_ 100 yard Freestyle

\_\_\_\_\_ 100 yard Butterfly

\_\_\_\_\_ 200 yard Freestyle

\_\_\_\_\_ \*\*25 yard Backstroke

\_\_\_\_\_ 50 yard Butterfly

\_\_\_\_\_ 50 yard Breaststroke

\_\_\_\_\_ \*\*25 yard Butterfly

\_\_\_\_\_ 100 yard Backstroke

\_\_\_\_\_ 200 yard Breaststroke

\_\_\_\_\_ \*\*25 yard Freestyle

\_\_\_\_\_ 200 yard Individual Medley

\_\_\_\_\_ 50 yard Backstroke

\_\_\_\_\_ \*\*25 yard Breaststroke

\_\_\_\_\_ 500 yard Freestyle

\_\_\_\_\_ 50 yard Freestyle

\_\_\_\_\_ 200 yard Backstroke

\*1:00 pm— 3 on 3 Basketball

Team Name \_\_\_\_\_

Captain \_\_\_\_\_

Player \_\_\_\_\_ Player \_\_\_\_\_

Player \_\_\_\_\_

## Monday, April 27, 2009

\*9:00 am—Bowling (enter 2 events only—\$6.75 /event)

\_\_\_\_\_ Singles

\_\_\_\_\_ Doubles—Partner \_\_\_\_\_

\_\_\_\_\_ Mixed—Partner \_\_\_\_\_

## Tuesday & Wednesday, April 28-29, 2009

Tennis—Event Manager will call you with match times.

\_\_\_\_\_ Singles (2 events only)

\_\_\_\_\_ Doubles—Partner \_\_\_\_\_

\_\_\_\_\_ Mixed—Partner \_\_\_\_\_

## Thursday, April 30, 2009

\*\*9:00 am \_\_\_\_\_ Golf (\$25 fee)

## Date & Time—TBD

\_\_\_\_\_ Softball Team

\_\_\_\_\_ Team Name

\_\_\_\_\_ Team Captain

### • (\*) Indicates a Tournament Event

You **must** report to the Event Manager at the specified times in order to avoid disqualification! Each Team Sport player must be a registered Neuse River Senior Games participant.

### • (\*\*\*) Indicates that this event is NOT a State or National Games Event.

• “To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended. High intensity types of activities are offered primarily for the condition, trained athlete.”



# Neuse River Senior Games Liability Waiver

In consideration of being allowed to participate in any way in the 2009 Neuse River Senior Games (NRSNG) Athletic/Sports/Silver Arts program, and related events and activities, I the undersigned participant agree to:

- Indemnify, save and hold harmless, the Neuse River Senior Games or any of their agents or representatives for my health, safety, or any injury resulting from my participation in the games.
- Have prepared myself for the events which I have entered by practicing prior to the NRSNG. To the best of my knowledge, I have no physical restrictions which would prohibit my participation in the games. NRSNG has my permission to have a physician attend me if it is deemed necessary during my participation.
- Agree to release and hold harmless the NRSNG from any damage to/loss of my art entry. I certify that the art piece(s) I enter are my own work, were created after having reached the age of 55 and within the last two years, and are not manufactured in any sense of the word.
- I grant the NRSNG the free and unrestricted right to use my name and picture in any broadcast, telecast or other written or photographic account of the NRSNG without compensation.

***I understand that it is my responsibility to check with my Local Senior Games Coordinator immediately following my Local Senior Games to determine if I am qualified for State Finals and to get a State Finals Entry Packet. My State Finals Entry Form must be received in the NC Senior Games office in Raleigh, NC by 5:00 pm on August 1, 2009. I understand that this deadline is strictly enforced in fairness to all. I also have read and understand all other information listed above and agreed to the terms.***

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_  
Date

## Participant Medical Information

*The staff and volunteers of Neuse River Senior Games (NRSNG) are committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult his/her doctor in regards to preparation for, and competition in, the Senior Games or any similar activity. Please inform NRSNG at the time of the any changes in your medication or health status.*

- **If none of the following applies to you, write "none" in each space.**
- **Your doctor's phone number must be listed.**

**1. List any specific medical conditions or health concerns:**

\_\_\_\_\_.

**2. List any medications you are currently taking:**

\_\_\_\_\_.

**3. List any medications to which you are allergic and/or any other allergies:**

\_\_\_\_\_.

Name of Personal Physician: \_\_\_\_\_ Phone # (\_\_\_\_) \_\_\_\_\_

**Emergency Contact (must list at least one person)**

Name	Relationship	Phone Number
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Name	Relationship	Phone Number
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# General Information

**Confirmation:** After April 10, 2009, you will receive a letter confirming your events with times and places listed. If you believe the confirmation is incorrect, please call (252) 636-6606 to verify. This letter will also include information on where to pick up registration packets and hospitality room hours.

**Rules:** Rules for all events are available at [www.ncseniorgames.org](http://www.ncseniorgames.org) or by contacting the Events Director, Billy Wilkes at (252) 636-6606.

**Awards:** In Athletic Events, Gold, Silver, and Bronze medals will be awarded to the top three finishers in each age category, for males and females. Awards will be available to winners as soon as final results from each event are tallied. The Awards Table is located at West New Bern Recreation Center.

**State Finals Entry Forms:** DO NOT MAIL BEFORE MAY 31, 2009! The State Finals entry form must be received in Raleigh at the NC Senior Games Office no later than 5:00 pm on August 1, 2009.

**Opening Day Luncheon:** A catered lunch will be served following the Opening Ceremonies. The cost is included in the registration fee. **You must indicate your attendance on your registration form.** Lunch is provided for paid participants only. **Additional lunches must be reserved and paid for by Monday April 13, 2009 at a cost of \$6.00 each.**



Rain Dates: April 20 & April 30, 2009  
IN CASE OF RAIN, please call the following numbers:  
(252)224-5736 for golf days or (252)639-2912 for all other days



# Registration/Check-in Information

Pick-up your registration packets at the following locations:

Heritage, Literary, & Visual Arts .....	West NB Rec. Center.....	Friday	April 17, 2009
Other Events.....	West NB Rec. Center.....	Mon-Wed	April 20-22, 2009
Archery.....	Creekside Park .....	Tuesday	April 21, 2009
Racquetball.....	Courts Plus .....	Tuesday	April 21, 2009
Golfing.....	Carolina Pines Golf Club .....	Thursday	April 23, 2009
Swimming.....	Twin Rivers YMCA .....	Friday	April 24, 2009
Bowling.....	Strike Zone .....	Monday	April 24, 2009
Tennis .....	Harbour Town Racquet Club...	Tues & Wed	April 28-30, 2009
Miniature Golf.....	Swing Zone .....	Thursday	April 30, 2009
Performing Arts.....	Trinity U M C .....	Thursday	May 07, 2009

# Athletic Events Schedule At-A-Glance

Mon., April 20	*Shuffleboard (men)	9:00am	West NB Recreation Center
Mon., April 20	*Horseshoes (women)	9:00am	West NB Recreation Center
Mon., April 20	Football Throw (women)	9am-10:30pm	West NB Recreation Center
Mon., April 20	Softball Throw (women)	9am-10:30pm	West NB Recreation Center
<b>Mon., April 20</b>	<b>Opening Ceremonies</b>	<b>11:30 am</b>	<b>West NB Recreation Center</b>
<b>Mon., April 20</b>	<b>Luncheon</b>	<b>12:15 pm</b>	<b>West NB Recreation Center</b>
Mon., April 20	*Shuffleboard (women)	1:30pm	West NB Recreation Center
Mon., April 20	*Horseshoes (men)	1:30pm	West NB Recreation Center
Mon., April 20	Football Throw (men)	1:30-3:00pm	West NB Recreation Center
Mon., April 20	Softball Throw (men)	1:30-3:00pm	West NB Recreation Center
Tues., April 21	*Silverstriders Fun Walk	8:30am	Lawson Creek Park
Tues., April 21	*1 mile Cycling	9:00am	Grover C. Fields M.S.
Tues., April 21	*Archery	9:30am	Creekside Park
Tues., April 21	Basketball Shooting	9:30-11:30am	West NB Recreation Center
Tues., April 21	*5K Cycling	9:30am	Grover C. Fields M.S.
Tues., April 21	Spin Casting	9:30am	West NB Recreation Center
Tues., April 21	*10K Cycling	11:00am	Grover C. Fields M.S.
Tues., April 21	*Bocce	12:30pm	West NB Recreation Center
Tues., April 21	*Racquetball	2:00pm	Courts Plus
Wed., April 22	5K Race Walk	8:30am	New Bern High School
Wed., April 22	*Table Tennis	8:30am	West NB Recreation Center
Wed., April 22	*Croquet	9:00am	West NB Recreation Center
Wed., April 22	Shotput/Discus	9am-12pm	New Bern High School
Wed., April 22	Long Jump (S/R)	9am-12pm	New Bern High School
Wed., April 22	*5K Run	9:00am	New Bern High School
Wed., April 22	*100 Meter Dash	9:30am	New Bern High School
Wed., April 22	*800 Meter Dash	10:00am	New Bern High School
Wed., April 22	*200 Meter Dash	10:10am	New Bern High School
Wed., April 22	*1500 Meter Run	10:25am	New Bern High School
Wed., April 22	*400 Meter Dash	10:35am	New Bern High School
Wed., April 22	*1500 Meter Race Walk	10:45am	New Bern High School
<b>Wed., April 22</b>	<b>Free Hot Dog Lunch</b>	<b>12:00pm</b>	<b>West NB Recreation Center</b>
Wed., April 22	Badminton	1:30 pm	West NB Recreation Center
Wed., April 22	Billiards	1:30 pm	West NB Recreation Center
Thurs., April 23	*Miniature Golf (\$25 with cart)		10:00am Swing Zone
Fri., April 24	*All Swimming Events	9:00am	Twin Rivers YMCA
Fri., April 24	*3 on 3 Basketball	1:00pm	West NB Recreation Center
Mon., April 27	*Bowling (\$6.75/event)	9:00am	Strike Zone Bowling Alley
Tues-Wed, April 28-29	Tennis	8:00am	Harbour Town Racquet Club
Thurs., April 30th	Golf (\$25)**	9:00am	Carolina Pines
TBD	Softball (Coach Bob Evans)	9:00 am	Creekside Park

*(\*Shows tournament events where you must report to the event manager on time or be disqualified!*

*(\*\*) Indicates the event is not a state or national games event*

## Athletic Events-contd.

Please indicate the events you wish to enter on the registration form. You may enter all the events you wish, but if two events overlap or are scheduled at the same time, it is up to you to meet the games requirements for those events. **Tournament** events require you to report at the time listed. Tournament events are indicated with an asterisk (\*). **Open** events allow you to report at any time during the time period listed. Where a time conflict exists between tournament and open events, you must report to the tournament event first and participate *prior* to moving on to the open event. **Failure to do so will cause disqualification.** Your age as of December 31, 2009 determines the category in which you will be placed for competition. Participants compete against others of their own sex and age as follows:

55-59      60-64      65-69      70-74      75-79      80-84      85-89      90-94      95-99      100+

**ONLY RETURN THE REGISTRATION/WAIVER SECTION. KEEP THE REST FOR YOUR INFORMATION. PARTICIPANTS MUST BE A NORTH CAROLINA RESIDENT FOR A MINIMUM OF THREE CONSECUTIVE MONTHS OF THE YEAR.**

## Silver Arts Events Schedule At-A-Glance

<b>Fri., April 17</b>	<b>Check-In</b>	<b>Silver Arts Exhibitors</b>	<b>10 am—2 pm</b>	<b>West NB Recreation Center</b>
Mon., April 20	Exhibition	Silver Arts	9:00 am—4:00 pm	West NB Recreation Ctr.
Tues., April 21	Exhibition	Silver Arts	9:00 am—4:00 pm	West NB Recreation Ctr.
Wed., April 22	Exhibition	Silver Arts	9:00 am—11:30 am	West NB Recreation Ctr.
<b>Wed., April 22</b>	<b>Check Out</b>	<b>Silver Arts Exhibitors</b>	<b>1 pm—3 pm</b>	<b>West NB Recreation Ctr.</b>
Thur., May 07	Rehearsal	Performing Arts	5:45pm	Trinity U M C
Thur., May 07	Revue	Performing Arts	7:00pm	Trinity U M C

- **All Silver Art work must be checked in on Friday, April 17, 2009 between 10:00 am and 2:00 pm at the West NB Recreation Center.**
- Silver Arts Exhibition will be held on Monday and Tuesday, April 20—21, 2009 from 9:00 am until 4:00 pm and Wednesday, April 22 from 9:00 am—11:30 am at the West NB Recreation Center.
- First and second place winners in **Visual and Heritage Arts** will be eligible for the NC Senior Games Finals. Only first place winners in the **Literary sub-category** will be eligible for the NC Senior Games Finals. North Carolina Senior Games Finals awards, first, second, and third place in each sub-category of these arts.
- Artists may not enter a piece of art work if the art piece, performance or literary art work has previously been entered in State Finals.
- Participants must complete the official registration form (with signature), inclusive of medical information and physicians phone number. **LITERARY ENTRIES MUST BE MAILED WITH THE ENTRY FORM.**
- The liability waiver must be signed and the “fees” section of the registration form must be completed.
- Registration deadline for Silver Arts is the same as for all other components of the Neuse River Senior Games.

**The Neuse River Senior Games and the North Carolina Senior Games State Finals have the right to refuse or remove any or all entries that are deemed obnoxious or repulsive in character.**

Mail to:

Neuse River Senior Games  
406 Craven Street  
New Bern, NC 28560

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# Neuse River Senior Games



**April 20 — April 30, 2009**

*This program is sanctioned by the North Carolina Senior Games, Inc. NCSG Inc. is sponsored statewide by the North Carolina Division of Aging and Adult Services.*