



Hooked On Walking

January 2012

► *Special Notes:*

- All walks start at 9 am during the winter and are every Saturday
- RAIN = NO WALK!
- Walks are from 2-3 miles or about 1 hour with social to follow

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 Contact:
 Terry-(252) 634-9083
 Or
 Ginny-(252) 514-2012

Saturday	Notes
7 Union Point Park	Meet at the gazebo. Let's walk Historic New Bern and the new river walk including Cedar Grove Cemetery. Our social afterwards will be at Rebecca's on Metcalf St...this is a new area restaurant. She serves breakfast by reservation only; if it rains, join me for breakfast!
14 Glenburnie Park	Meet in the main parking lot. Short trails through the woods and beautiful views of the river. We found extra trails to increase the walk. Social will be at Bojangels on S. Glenburnie Road afterwards. Park is located off Oaks Road near National Guard Armory
21 Patsy Pond	Patsy Pond is located in Ocean on Rt. 24 in Newport across from the NC coastal Federation. Parking lot is just off the road and right near Absolute Auto Garage. Those of you coming from Rt. 70 near Taberna may want to go via 9 Mile Road then turn right onto Rt. 24. Come enjoy a walk in a pine forest on sandy trails. Walk is approx. 3 miles. Carpooling is suggested. Meet in the JC Penny's parking lot. Will leave promptly at 8:15 am. Social afterwards will be at The Carteret Café-yellow building across from the Emerald Marine on Rt. 24, four miles from the walk.
28 Island Creek Park	Walk is approx. a 3 mile loop up and down. We will carpool from Food Lion parking lot in James City. Meet at 8:30 am or meet in parking lot at entrance of trail. Directions: From Neuse and Trent River bridge, follow Hwy 70 east past Bojangles and Burger King. At light turn right onto Williams Road. Follow a couple of miles to the end. Turn left onto Brices Creek Road. When you cross the Brices Creek bridge you have about 5.5 miles to go. Brices Creek Road will change to Island Creek Road. Walking trail parking lot will be on right. Social after will be at Bojangles in James City. (no bathrooms)

