



Craven County Senior Services
is a division of the Craven County
Department of Social Services. All
locations are open Monday through
Friday.

Administrative Office

811 George Street
New Bern, North Carolina
Telephone (252) 638-1790
Hours 8:00 AM to 5:00 PM

George Street Senior Center

811 George Street
New Bern North Carolina
Telephone (252) 638-1790
Hours: 8:30 AM to 4:30 PM

Harlowe Senior Center

Harlowe Community Center
125 Old Godette School Road
Havelock, North Carolina
Telephone (252) 447-3099
Hours: 8:30 AM to 12:30 PM

Vanceboro Senior Center

Vanceboro Community Building
8749 US Highway 17 North
Vanceboro, North Carolina
Telephone: (252) 244-1219
Hours: 9:30 AM to 1:30 PM

CRAVEN COUNTY SENIOR SERVICES

Join the Fun! We offer a wide
variety of recreational activities at
our three locations which include:

Bingo
Table Games
Billiards
Trips
Holiday Celebrations
Special Events

All recreational activities are open
to individuals at 50+ year young



811 George Street
P.O. Box 12039
New Bern, NC 28561

Telephone: (252) 638-1790

Fax: (252) 638-3120

NUTRITIONAL MEALS

Lunch is provided each weekday at all three congregate meal sites. A balanced meal meeting 1/3 of the RDA is served to persons who are sixty years of age or older. A variety of social activities and educational programs accompany the lunch service.

Home delivered meals are delivered each weekday morning by dedicated volunteers in numerous areas throughout Craven County. Homebound individuals at least sixty years old are eligible to receive meals daily.

There is no charge for either meal service although donations are appreciated and are used to expand the services.



HEALTH PROMOTION ACTIVITIES

It's easy to get fit by participating in one of our many health-related programs

which include:

Chair Aerobics

Yoga

Medication Management

Wellness Seminars



VISUALLY IMPAIRED PROGRAM

A joint project with the New Bern Lion's Club provides great fellowship and fun activities for visually impaired older adults each Wednesday at the George Street Senior Center.

GERIATRIC COUNSELING

Geriatric counseling on age related issues is available from certified counselors on a monthly basis at all three locations. For dates and times, call the location of your choice.

SERVICES FOR THE DEAR AND HARD OF HEARING

2ND Tuesdays

10:30 AM to 3:00 PM

George Street Senior Center

VOLUNTEER OPPORTUNITIES

Volunteers are always needed to deliver meals to the homebound, teach classes, assist with activities, and serve as guest speakers. For information call 638-1790.

ARTS AND CRAFTS

Learn to knit, quilt, or make other crafts. Call for class schedules and locations.