

| Mondays | Tuesdays | Wednesdays | Thursday S | Fridays |
|--|---|---|--|--|
| July 2 | July 3 | July 4 | July 5 | July 6 |
| Cubed steak Rice Turnip greens Roll Orange juice Gingerbread Milk | Chicken salad Tomato & lettuce Potato salad Green beans Pineapple chunks Chocolate pudding Milk | <u>Closed</u> Happy Fourth of July | Baked chicken Whipped potatoes Broccoli casserole Roll Fruit salad Milk | Cheeseburger Sliced tomato & lettuce Baked beans Sliced peaches Milk |
| July 9 | July 10 | July 11 | July 12 | July 13 |
| Pinto beans Macaroni & cheese Mixed greens Cornbread Orange juice Pears Milk | Barbecued chicken Squash casserole Lima beans Roll Applesauce Milk | Pepper steak Rice Green beans Pineapple Whole wheat roll Banana pudding Milk | Hot dog Baked beans Coleslaw Apple juice Sugar cookies Milk | Fish filet Oven browned potatoes Steamed cabbage Cornbread Fruit cocktail Bread pudding Milk |
| July 16 | July 17 | July 18 | July 19 | July 20 |
| Baked pork chop Hashed brown potato Tossed salad Applesauce Roll Milk | Turkey sandwich Copper pennies Potato salad Strawberry gelatin with fruit Milk | Beef-A-Roni Green beans Peas Peaches Italian bread Peanut butter cookies Milk | Cheeseburger Baked beans Carrot raisin salad Orange juice Milk | Oven baked chicken Turnip greens Corn Purple plums Cornbread Milk |
| July 23 | July 24 | July 25 | July 26 | July 27 |
| Chicken pot pie Broccoli florets Roll Strawberry shortcake Milk | Tuna salad Pasta salad Tomato salad Crackers Pear with cheese Oatmeal cookies Milk | Oven baked chicken Mixed greens Whipped potatoes Roll Orange juice Milk | Sloppy Joe Coleslaw Oven roasted potatoes Melon Milk | Barbecue sandwich Potato salad Tossed salad Chocolate pudding Milk |
| July 30 | July 31 | | | |
| Roasted turkey Dressing Peas & carrots Orange juice Spice cake Milk | Hot sliced ham Pineapple chunks Broccoli casserole Sweet potato Cornbread Milk | |  | Craven County Senior Services Telephone: 638-1790 |