

JULY 2006 MENU

All meals are served with milk

Wednesday, July 5

Spaghetti with meat sauce and grated cheese
Tossed salad with cucumbers and diced tomatoes (ranch dressing)
Applesauce
Garlic bread

Thursday, July 6

Baked chicken with gravy
Broccoli casserole
Whipped potatoes
Mixed fruit salad
Roll

Friday, July 7

Cheeseburger w/ tomato and lettuce
Baked beans
Sliced peaches

Monday, July 10

Pinto beans
Mixed greens
Macaroni and cheese
Pears
Cornbread
Orange juice

Tuesday, July 11

Barbecued chicken
Squash casserole
Lima beans
Applesauce
Roll

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Wednesday, July 12

Pepper steak with gravy
Green beans
Rice
Pineapple
Whole wheat roll
Banana pudding

Thursday, July 13

Hot dog
Coleslaw
Baked beans
Apple juice
Sugar cookies

Friday, July 14

Oven fried fish fillet
Steamed cabbage
Oven browned potatoes
Fruit cocktail
Cornbread
Bread pudding

Monday, July 17

Baked pork chop
Hash brown potato with cheese topping
Tossed salad with tomatoes and cucumbers (Thousand Island)
Applesauce

Tuesday, July 18

Turkey and cheese sandwich w/sliced tomato and lettuce
Copper pennies
Potato salad
Strawberry gelatin with fruit

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Wednesday, July 19

Beef-a-roni
Green beans
Peas
Peaches
Italian bread
Peanut butter cookies

Thursday, July 20

Cheeseburger
Sliced tomatoes on lettuce
Baked beans
Carrot raisin salad
Orange juice

Friday, July 21

Oven baked chicken
Turnip greens
Corn
Purple plums
Cornbread

Monday, July 24

Chicken pot pie with mixed vegetables
Broccoli florets
Roll
Strawberry short cake

Tuesday, July 25

Tuna salad on lettuce
Tomato salad
Pear with cheese
Pasta salad
Cracker
Oatmeal raisin cookies

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Wednesday, July 26

Oven baked chicken with gravy
Mixed greens
Whipped potatoes
Roll
Orange juice

Thursday, July 27

Sloppy Joe
Oven roasted potatoes
Coleslaw
Melon

Friday, July 28

Barbecue pork
Potato salad
Tossed salad with cucumbers and diced tomatoes (Italian dressing)
Sliced peaches
Chocolate pudding

Monday, July 31

Roasted turkey with dressing
Green peas and carrots
Orange juice
Roll
Spice cake