

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	January 1	January 2	January 3	January 4
	CLOSED NEW YEAR'S HOLIDAY	Stew beef Rice Mixed greens Roll Orange juice Fruited gelatin Milk	Chicken sandwich Lettuce & tomato Baked beans Applesauce Milk	Beef stroganoff Green beans Hot Harvard beets Roll Pears Milk
January 7	January 8	January 9	January 10	January 11
Pork cutlet Sauerkraut Cheese grits Hot sliced apples Roll Lime gelatin Milk	Fried fish filet Okra & tomatoes Macaroni & cheese Cornbread Mixed fruit Milk	Baked chicken Sweet potatoes Mixed greens Roll Apple juice Cake Milk	Spaghetti Tossed salad Green beans Garlic bread Pears Milk	Turkey sandwich Vegetable beef soup Crackers Orange juice Lemon pudding Milk
January 14	January 15	January 16	January 17	January 18
Chicken pot pie Green beans Peaches Roll Milk	Meatloaf Broccoli Casserole Whipped potatoes Roll Orange juice Milk	Beef stroganoff Peas and carrots Pears Roll Chocolate pudding Milk	Oven fried chicken Rice Spinach Cornbread Apple juice Milk	Barbecued pork rib Lima beans Corn Roll Fruit cocktail Banana pudding Milk
January 21	January 22	January 23	January 24	January 25
CLOSED MARTIN LUTHER KING HOLIDAY	BBQ sandwich Cheesy potatoes Coleslaw Applesauce Milk	Pinto beans Turnip greens Macaroni & cheese Cornbread Milk	Cube steak Whipped potatoes Green beans Roll Fruit cocktail Milk	Baked chicken Black-eyed peas Broccoli medley Roll Apple juice Sugar Cookies Milk
January 28	January 29	January 30	January 31	
Lasagna Tossed salad Garlic bread Orange juice Apple Cobbler Milk	Chicken & dumplings Buttered carrots Mixed fruit Cornbread Milk	Baked ham Pineapple slices Broccoli Casserole Sweet potato patties Roll Milk	Barbecued meatballs Green peas Squash casserole Roll Apple juice Chocolate chip cookies Milk	

CRAVEN COUNTY SENIOR SERVICES

MENU

JANUARY 2008