

August 2006 MENU

All meals are served with milk

Tuesday, August 1

Hot sliced ham in pineapple juice
Broccoli casserole
Pineapple chunks
Sweet potato patties
Cornbread

Wednesday, August 2

Meatloaf with tomato gravy
Buttered carrots
Pears with cheese
Whipped potatoes
Whole wheat bread

Thursday, August 3

Chicken dumpling
Green beans
Carrot raisin salad
Peach cobbler

Friday, August 4

Cheeseburger with tomato and lettuce
Cole slaw
Hash brown potato
Mixed fruit

Monday, August 7

Swedish meatballs
Peas and carrots
Orange juice
Rice
Roll
Sliced peaches

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Tuesday, August 8

Baked chicken breast with gravy
Turnip greens
Corn
Whole wheat roll
Peanut butter cookies

Wednesday, August 9

Turkey and cheese on bun
Sliced tomatoes on lettuce
Melon cubes
Potato salad
Fig bar

Thursday, August 10

Pork roast with gravy
Green beans
Apple juice
Sweet potato casserole
Whole wheat roll

Friday, August 11

Chicken salad
Sliced tomatoes on lettuce
Fruit cocktail
Whole wheat bread
Pasta salad
Carrot cake with cream cheese icing

Monday, August 14

Cubed steak with gravy
Turnip greens
Orange juice
Rice
Roll
Gingerbread

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Tuesday, August 15

Chicken salad
Green beans
Tomato and lettuce
Pineapple chunks
Potato salad with green peppers
Whole wheat bread
Chocolate pudding

Wednesday, August 16

Spaghetti with meat sauce and grated cheese
Tossed salad with cucumbers and diced tomatoes
Applesauce
Garlic bread

Thursday, August 17

Baked chicken with gravy
Broccoli casserole
Mixed fruit salad
Whipped potatoes
Roll

Friday, August 18

Cheeseburger with sliced tomato and lettuce
Baked beans
Sliced peaches

Monday, August 21

Pinto beans
Mixed greens
Macaroni and cheese
Cornbread
Pears

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Tuesday, August 22

Barbecued chicken
Squash casserole
Lima beans
Applesauce
Roll

Wednesday, August 23

Pepper steak with gravy
Green beans
Rice
Pineapple
Whole wheat roll
Banana pudding

Thursday, August 24

Hot dog
Coleslaw
Baked beans
Apple juice
Sugar cookies

Friday, August 25

Oven fried fish filet
Steamed cabbage
Oven browned potatoes
Cornbread
Fruit cocktail
Bread pudding

Monday, August 28

Baked pork chop
Tossed salad with tomatoes and cucumbers
Hashed brown potato with cheese topping
Applesauce

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Tuesday, August 29

Turkey and cheese sandwich
Sliced tomato and lettuce
Copper pennies
Potato salad
Strawberry gelatin with fruit

Wednesday, August 30

Beef-a-roni
Green beans
Green peas
Peaches
Italian bread
Peanut butter cookies

Thursday, August 31

Cheeseburger
Sliced tomatoes on lettuce
Baked beans
Carrot raisin salad
Orange juice