

# Is My Food Still Safe?

## *Power Outage*

### Loss of Power for 6 hours or more

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graph TD; A[Loss of Power for 6 hours or more] --> B[Temperature above 40°F 3 hours or more]; A --> C[Temperature above 40°F 2 hours or less]; B --> D[Discard meats & all potentially hazardous foods]; D --> E["(Keep a list of discarded items)"]; C --> F["Cook immediately and eat or freeze."]; F --> G["Partially thawed frozen foods with ice crystals may be re-frozen"];
```

Temperature above 40°F  
3 hours or more

Discard meats & all potentially  
hazardous foods

(Keep a list of discarded items)

Temperature above 40°F  
2 hours or less

Cook immediately and eat or  
freeze.

*Partially thawed frozen foods  
with ice crystals may be  
re-frozen*

# WHEN IN DOUBT, THROW IT OUT!