

Hospice Memorials

There's No Time Limit On Memorial Gifts

We usually think about making a memorial gift shortly after someone's passing. But, memorial gifts hold the power to celebrate a life and give comfort years after the loss. Birthdays, anniversaries, and other special occasions can be difficult when a mother, father, husband, wife, or other loved one is no longer with us. Many donors use these times to make a charitable donation in their memory. When you make a memorial gift or donation to CCHD Hospice you are ultimately helping patients and families receive compassionate care when they need it most. These donations go towards supplies, medications, and medical equipment that are not otherwise covered. Thank you for choosing Craven County Health Department Home Health-Hospice. *Please make the check payable to CCHD Foundation and mail to:*

Craven County Health Department Hospice
PO Drawer 12610
New Bern, NC 28561

I've learned that no matter what happens, or how bad it seems today, life does go on, and it will be better tomorrow.
I've learned that you can tell a lot about a person by the way he/she handles these three things: a rainy day, lost luggage, and tangled Christmas tree lights.
I've learned that regardless of your relationship with your parents, you'll miss them when they're gone from your life.
I've learned that making a 'living' is not the same thing as 'making a life'.
I've learned that life sometimes gives you a second chance.
I've learned that you shouldn't go through life with a catcher's mitt on both hands; you need to be able to throw some things back.
I've learned that whenever I decide something with an open heart, I usually make the right decision.
I've learned that even when I have pains, I don't have to be one.
I've learned that every day you should reach out and touch someone.
People love a warm hug, or just a friendly pat on the back.
I've learned that I still have a lot to learn.

***I've learned that people will forget what you said,
people will forget what you did,
but people will never forget how you made them feel.***

-- Maya Angelou 1928-2014



Craven County
Health Department
Home Health Hospice Agency
PO Drawer 12610
2818 Neuse Blvd
New Bern, NC 28561

Hospice is a coordinated palliative and supportive care (physical, psychological, social, and spiritual) for dying persons and their families. Services are provided in the home by an interdisciplinary team of professionals and volunteers. Bereavement care is available to the family.



Hospice News

Volume XXXIV, Issue 2 Summer 2014
Craven County Home Health-Hospice Agency

Quality Service in Craven County for Over 30 Years

Spring Breakfast Fundraiser— Most Successful Yet!!!!



Wednesday, May 21, friends, supporters, staff, and a group of committed volunteers, joined together at the NC History Center to celebrate Craven County Health Department Foundation's annual Spring Breakfast. The Breakfast is an annual fund raising project of the Foundation and Craven County Hospice to raise money and awareness of the work of hospice in our community. The fundraiser was dedicated to Dr. Myrle Swicegood who passed away in May. Dr. Swicegood was a great supporter of hospice and served many years promoting hospice in Craven County. She spoke at many of volunteer trainings teaching the prospective volunteers about compassion and service to others. She was a strong, intelligent, and caring person and will be missed greatly by this community.

The Breakfast was once again very successful and raised a record amount of money to help support in-home respite aide care for our patients and families. Respite is an extra level of support which is made possible through the Foundation. Twenty three tables were sponsored by local businesses and individuals and over 240 people attended, most of whom left their sponsor a generous tip (donation to Hospice!) It was very exciting to see the warm and friendly faces first thing in the morning on a beautiful Spring day. The hum of conversation filled the air as people reunited in the beautiful surroundings of the History Center, coming together once again for a common cause— to help those in need in the last days of their lives. They came, they visited, and most importantly, they continued their support of Craven County Hospice.



If you find it in your heart to care for somebody else, you will have succeeded.

-Maya Angelou

Greek Yogurt with Warm Black and Blueberry Sauce

Ingredients:

- 2/3 cup blueberries
- 2/3 cup blackberries
- 1/2 cup of water
- 1/4 cup sugar
- 2 TBS lemon juice
- 1 TBS butter
- 2 cups vanilla 2% reduced-fat Greek yogurt



Directions:

1. Combine first 5 ingredients in a small saucepan. Bring mixture to a boil. Reduce heat to medium-low; gently boil 10 minutes or until sauce thickens. Stir in butter.
2. Spoon 1/2 cup yogurt into each of 4 bowls; top each serving with about 1/4 cup sauce. Serve immediately.

Craven County Hospice would like to print a Hospice Recipe Cookbook that everyone could enjoy. If interested in sending in your recipe, please mail to: Craven County Home Health-Hospice, PO Drawer 12610, New Bern, NC 28561 or e-mail your recipe along with a picture to: jwhitley@cravencountync.gov

Happenings at CCHD Hospice

In April, Craven County Hospice unveiled the "Before I Die" Project Board at the annual Craven County Benefits Fair, at the New Bern Convention Center. This became a very popular activity for people visiting the Convention Center in April and May. The Board was moved to the NC History Center for the Spring Breakfast and remained there until June 6 when it traveled to the Health Department. It is designed to "begin the conversation" about Advance Directives. Craven County Hospice offers no cost assistance to anyone wanting to complete an Advance Directive- Living Will and/or a Health Care Power of Attorney. Please call Ashley Williams, Hospice Social Worker at 252-636-4930, to schedule a time to complete your Advanced Directive. Look for our "Before I Die" Board around town. What would you like to do, before you die? Hopefully one thing is to complete an Advanced Directive.

Craven County Government recently participated in the Relay for Life and raised \$4,041. A standup paddleboard was raffled on May 9 with proceeds to the team's contributions. The winner was Jamie Cox. Congratulations, Jamie, and thanks for your donation to the American Cancer Society! Thank you all for your support in this worthy cause.



Looking Forward

-Bereavement Support Group will start June 19 and run for 6 weeks. It will be held at McCarthy Court Apartments and begin at 10:30 am. Pre-registration is recommended but not required. Please contact the office at 252-636-4930 to register. These bereavement groups are open to the public and free of charge.

-Are you interested in becoming a Hospice Volunteer? We are looking for dedicated men and women of all ages, who are willing to give of their time and talents, both in direct and indirect assistance to our Hospice Patients. If you would like to Volunteer, or need more information, please call Joan Whitley, at 252-636-4930.

- Check out our Facebook page and check back often -Craven County Home Health Hospice

Spring Breakfast Fundraiser for Hospice - May 2014

