

Hospice Memorials

John I. Kraft
 Carol and William Bento
 Eugenia Griffin
 Eugene and Patricia Coxen
 Margaret Horne
 CB5 Solutions, LLC
 Simeon Eaves
 Ralph Olsen
 Frank Sciara
 Jean L. Noonan
 Acentia, LLC
 Men's Golf Association of
 River Bend
 River Bend Ladies Golf
 Association
 Valerie Still
 Carol Armentrout
 Robert Armentrout
 John Griffin
 Eugenia Griffin
 Richard Staunch
 Linda Staunch
 Katrina Drago
 Louise Vondran
 James Simmons
 Ella M. Flynn
 James Anderson Sr. and
 James Anderson, Jr.
 Peggy Anderson

Walter Moeller
 Raymond F. Strum
 Irene Moeller
 Eleanora Gruber
 McGladdrey
 Ramon Arends
 Robert Morris III
 Beth Bernstein
 Jay Levine, MD
 Trina McElligot
 Lynn Schwartz
 Mr. and Mrs. Daniel
 Ramsbrook
 Mr. and Mrs. Jerry Bernstein
 Jay and Sandra Nogi
 Paula Bangle
 Judith Doyle
 Beatrice Rabbitt
 Larry and Gayle Bangle
 Joy and Donald Anderegg
 Frank and Trudy Blackwell
 West Carteret High School
 John and Kelly Fladland
 Linda and Paul Puff
 Alston and Jennifer Boyette
 Dan and Sandra Bangle
 Anita Heniak
 Anne Burton
 Angel Raul Tellez
 Mr. and Mrs. Tom Mylett

Howard and Carla Milor
 Carolina Pines Home and
 Garden Association
 Jennifer Evangelist
 Frank and Regina Knott
 Roxanne and Hugh Adams
 Richard Burfeind
 Bill and Judith Bond
 Nancy Burfeind
 G.F. and Ann Wahl
 Melvin O'Neal Garner
 Timothy Roelofs
 State Extension
 Remembrance Fund
 Arline Hux
 Coastal Community Action
 Patricia Robblee
 Meadowview Extension &
 Community Assoc.
 Nancy S. Evans
 Donation to Hospice
 Alton R. Lamm, Jr.
 Jacquelyn Moniak
 Richard Koehler
 Grace A. Gumbrecht
 Beaufort County United Way
 Dympna Betz
 Rita Doss
 Susan Shepanek



Hospice News

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 Craven County Home Health-Hospice Agency

Quality Service in Craven County for Over 30 Years

Hospice Volunteers

DEAL HER IN

Madge was never much of a card player, but as a Hospice volunteer she likes the hand she's been dealt.

She took hospice volunteer training last September and is now working with her first patient. She has been shuffling quite a few cards during her patient visits. "We have a wonderful time together. He has taught me to play Phase 10, his favorite card game."

Madge's weekly visits allow her patient's wife to take a break from being a caregiver and leave the house for a few hours. "She goes shopping or out to lunch while I am there."

As card players are apt to do, Madge and her patient converse about other topics during the game. "I find him fascinating. I learned he has painted several pictures that are hanging in his home."

Madge says her patient shows a lot of gratitude for her visits, but she views the volunteer work as rewarding in itself. "He told me at my last visit, 'I love you.' Well, I love him and his precious wife, too"

As a nurse, Madge was drawn to working with the organization that provides end-of-life care to patients and their families. Madge was motivated to take the volunteer training because she was curious about this aspect of care. "My nursing career has covered everything but being a hospice nurse, so this is an opportunity to work with hospice patients."

Volunteers have several ways to assist hospice other than patient care, and Madge has experienced some of those, too. In addition to dealing out cards, Madge's volunteer work has included helping with community outreach and fundraising and in the office.

Many potential volunteers shy away from working with patients, but Madge prefers it. "Volunteering, I believe is an empowering way for each of us to help others, and give back to our communities," she explains. "It is also a gratifying and rewarding way to show others that we are there for them and that we support them in their time of need. My patient care experience has touched me in special ways." Volunteering with hospice patients can be rewarding in many ways. Hospice volunteers often have heartwarming stories that they share as they reflect on time spent with those who are dying. Wouldn't you like to try it?



Craven County Health Department Volunteer Training will be held Sept. 18, 19 and 20.



Craven County
 Health Department
 Home Health Hospice Agency
 PO Drawer 12610
 2818 Neuse Blvd
 New Bern, NC 28561



Hospice is a coordinated palliative and supportive care (physical, psychological, social and spiritual) for dying persons and their families. Services are provided in the home by an interdisciplinary team of professionals and volunteers. Bereavement care is available to the family.

Pumpkin Cheesecake Truffles

- 1 box Yellow Cake Mix
- 1 can Canned Pumpkin
- 8 oz Low Fat Cream Cheese
- 1 package Almond Bark (Vanilla)
- 1 tablespoon Vegetable Oil

Directions:

- 1.Preheat oven to 350.
- 2.Combine cake mix and pumpkin and beat on medium until well mixed. Bake in greased baking dish as directed.
- 3.Set the cake aside to cool completely.

4. "Crumble" the cake. Using clean hands or a fork, break the cake into crumbly pieces and add the cream cheese, mixing well, until no white cream cheese is visible. Roll into small balls with your hands (about 1 inch in diameter). Set aside.
- 5.Melt almond bark in a deep bowl in microwave. Begin by heating for 90 seconds, then stir. Heat at 15 second intervals, stirring in between, until melted. Add 1 tablespoon Vegetable Oil and mix well.
- 6.Using two large spoons, carefully drop each truffle into the melted coating and toss around. Remove and place on parchment paper to dry.

Craven County Hospice would like to print a Hospice Recipe Cookbook that everyone could enjoy. If interested in sending in your recipe, please mail to: Craven County Home Health-Hospice, PO Drawer 12610 New Bern, NC 28561 or e-mail your recipe along with a picture to: jwhitley@cravencountync.gov

New Faces at CCHD



Donna Johnson, RN
Hospice Supervisor



David Ellis, MSW
Hospice Social Worker



Lea Willis, RN
Home Health Supervisor



Anna Whitby, RN



Jordan Beyer, RN

Events to Look Forward to...

Volunteer Training An intensive training for all interested in becoming a Hospice volunteer will be held September 18-20 from 8:30 a.m. until 12:30 p.m. each day. Registration is suggested. Please call 636-4930 for information.

Bereavement Support Group – The next session of Craven County Hospice Bereavement Support Group is scheduled to begin on Tuesday September 25 for 6 weeks at McCarthy Court Apartments. There is no cost and it is open to the public. Advance registration is suggested. For more information, please call 252-636-4930.

Hospice Fundraiser– Canvas Connections at Bear Hands Art Factory on Middle Street. Bring your favorite beverage and join the fun painting a masterpiece that you will be proud to display while raising money for Hospice. No experience or talent needed! October 4, 2011, 6:30 –9:00p.m. Registration required. Call 636-4930.

BE A HOSPICE VOLUNTEER

Hospice volunteers are an essential part of the hospice philosophy of care which recognizes that dying is not just a medical event but a personal one as well. They are important members of an interdisciplinary team working to “de-institutionalize” the dying experience and provide a more humane system of care for the dying and their families. In fact, federal law requires that at least 5% of patient care hours be provided by volunteers (if the hospice receives Medicare and Medicaid reimbursement.)

Volunteers in hospice find it personally gratifying, intellectually stimulating, and emotionally meaningful to assist those in need at a critical point in their lives. Many of these volunteers were introduced to hospice through the death of a family member and understand firsthand the value of hospice care, but some are new to hospice. Volunteers consistently report that helping the terminally ill through hospice is not about dying but about living.

The wide range of opportunities available for hospice volunteers can include:

- ◆ Support for patients. This can include visiting, reading, taking walks, writing letters, bringing in music.
- ◆ Respite and support for family members. Volunteers can assist with shopping or household maintenance, or allow family caregivers the opportunity to take care of necessary errands and get some time away from the house
- ◆ Bereavement support programs. Hospice volunteers can work closely with the hospice’s professional bereavement staff in duties that range from assisting as a support group assistant to helping with mailings to clients and families.
- ◆ Fund-raising and administrative work. A volunteer with clerical skills can serve a hospice by helping in the office. Fundraising responsibilities can range from preparing mailings or thank you letters to organizing fundraising events and contacting possible donors.

Volunteers are need in all areas of Craven and Pamlico Counties– New Bern, Havelock, Vanceboro, Cove City, Arapahoe, Grantsboro and Bridgeton. To ensure that all volunteers are equipped for the challenge of working with the dying, Craven County Health Department Hospice requires that volunteers complete extensive orientation and training sessions, as well as submit to a routine background check. It’s important that volunteers understand the history of hospice and are aware of the specific ways hospice works to serve the community. Volunteer Training is scheduled for September 18, 19, and 20 from 8:30a.m. to 12:30 p.m. at the Craven County Health Department Home Health Board Room. For more information, or to sign up,

The Oak Tree
*A might wind blew night and day,
 It stole the oak tree’s leaves away.
 Then snapped its boughs and pulled its bark,
 Until the oak was tired and stark.
 But still the oak tree held its ground,
 While other trees fell all around.
 The weary wind gave up and spoke,
 “How can you still be standing, Oak?”
 The oak tree said, “I know that you
 Can break each branch of mine in two,
 Carry every leaf away, shake my limbs,
 And make me sway.
 But I have roots stretched in the earth.
 Growing stronger since my birth.
 You’ll never touch them, for you see.
 They are the deepest part of me.
 Until today, I wasn’t sure,
 of just how much I could endure.
 But now I’ve found, with thanks to you,
 I’m stronger than I ever knew”.*
 -Author Unknown

Hospice Memorials

When you make a memorial gift or donation to CCHD Hospice you are ultimately helping patients and families receive compassionate care when they need it most. These donations go towards supplies, medications and medical equipment that are not otherwise covered. Thank you for choosing Craven County Health Department Home Health-Hospice.

Please make the check payable to CCHD– Foundation. And mail to:
 Craven County Health Department Home Health-Hospice
 PO Drawer 12610
 New Bern, NC 28561