



Hospice News

Volume XXXI, Issue 1

Spring 2011

Craven County Home Health-Hospice Agency

Craven County Health Department Foundation, Inc 8th Annual Spring Breakfast Fundraiser

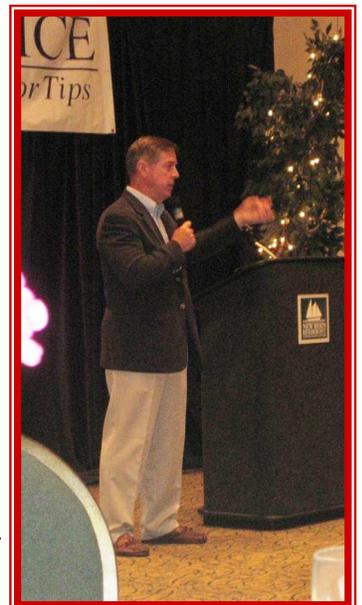


Wednesday, May 18 dawned crisp and clear. It was a beautiful day for a gathering of old friends, to enjoy a bountiful breakfast, and raise money for Hospice. Over 200 generous people attended this year's Spring Breakfast at the New Bern Riverfront Convention Center, with 22 tables being sponsored by local business leaders and individuals. The tally...\$ 12, 314.00 and donations are still coming in, one of the highest totals yet! "We are excited that so many people realize the good that Hospice does and can be so generous at a time when the economy is so slow," said Kelly Gomez, Interim Hospice Supervisor, "It is very heart-warming."

The money from the Breakfast goes to support Respite Aide services. Under the Medicare Hospice Benefit, respite for caregivers is not covered. Our Hospice realizes the necessity of "caring for the caregivers" and pays for these services through the Craven County Health Department Foundation, Inc. We would not be able to provide respite if it were not for these generous donations.



The guests were greeted by Hospice Volunteers and shown to their tables which were wonderfully decorated with flowers donated by Wendy Graveman at Pinecone Perennials. At 8:00am sharp, Kelly Gomez welcomed everyone and gave a brief outline of Hospice and respite care and then introduced the Hospice Chaplain, Angel Lorton who gave the invocation. Angel also provided beautiful piano music throughout the morning. The guests were then invited to the delicious breakfast buffet provided by Strange and Sons Catering. All the while, table Sponsors, with their Hospice aprons on, served their guest beverages for "generous tips" which were their donations to Hospice. After a



brief talk on Hospice from guest speaker Phil Seymour, Whit Morgan thanked everyone for coming and ended the event. Whew! So much accomplished in one short hour. This could only happen with the kindness, dedication and generosity of the supporters of Craven County Health Department Hospice and the people of New Bern. Thank You!

Recipes



Bountiful Blueberry Pie



- 1 cup all-purpose flour
- 1/4 teaspoon salt
- 3 tablespoons white sugar
- 1/3 cup vegetable oil
- 1 1/2 tablespoons milk
- 4 cups fresh blueberries
- 1/4 teaspoon salt
- 3/4 cup white sugar
- 1/4 cup water
- 3 tablespoons cornstarch
- 1 tablespoon butter
- ◆ 1 tablespoon lemon juice

Directions

1. Preheat oven to 375 degrees F (190 degrees C). Prepare crust.
2. In a large bowl, combine flour 1/4 teaspoon salt and 3 tablespoons sugar. Add oil and milk and mix together. Roll out and line a 9 inch pie pan. Bake at 375 degrees F (190 degrees C) for 10 minutes or until golden brown.
3. Place 2 cups of fresh blueberries in baked pie shell.
4. In a saucepan, combine 2 cups fresh or frozen blueberries, water, cornstarch, 1/4 teaspoon salt and 3/4 cup sugar. Bring to a boil and continue to boil for 5 minutes or until thick and clear. Add butter and lemon juice.
5. Pour filling over berries in pie shell and allow to cool.

Serve warm with vanilla ice cream.

Craven County Hospice has been asked to start up a section in our newsletter listing different types of recipes. We plan to eventually have a Hospice Recipe Cookbook that everyone could enjoy. If interested in sending in your recipe, please mail to: Craven County Home Health-Hospice PO Drawer 12610 New Bern, NC 28561 or e-mail your recipe along with a picture to: jwhitley@cravencountync.gov

Craven County Health Department Home Health-Hospice participated in the Health and Wellness Fair at New Bern Mall on March 31st. Nurses Kelly Gomez, RN, Courtney Gatlin, RN, Marsha Eastland, RN and Beth Junak, RN were there to take blood pressure and promote CCHD Home Health and Hospice Agency. Hospice Volunteers Lynne Seymour and Doris Varga were available greet and to answer questions on volunteering for Hospice.



Beth Junak RN and Courtney Gatlin
RN representing Craven County
Health Department at the Health



Events to Look Forward to...



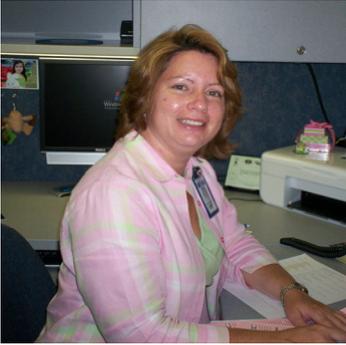
◆ August "Bereavement Support Group Sessions"

10:30 a.m. *McCarthy Court Apartments* The Hospice Medical Social Worker will be holding a series of workshops for bereaved individuals. There is no cost and all are welcome to come. Call 636-4930 for more information.

◆ Volunteer Training for the Office and Tuck-in Program

Look forward to a training for new Hospice Volunteers that would like to help in the office. This would include answering phones, filing and general office work. It will also include training for the Tuck-In Program which involves checking in with the families of Hospice patients on Thursdays to make sure that they have everything they need before the weekend. Training will be held in the early fall at the Health Department Board Room. If interested Call Joan Whitley Volunteer Services Coordinator at 636-4930 or email jwhitley@cravencountync.gov

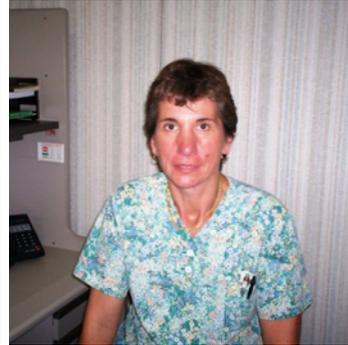
New Faces at CCHD Home Health– Hospice



Justine M. Cabrera, BSW
Hospice Social Worker



Megan Hayhurst, LPN
Home Health Coder/Scheduler



Martina Owens, RN
Home Health Nurse



Jennifer Tyndall
Office Assistant

Volunteer of the Year

This year's recipient of the Volunteer of the Year award was Mrs. Sharon Warren. Sharon has been volunteering with our agency for over 4 years and has been an invaluable asset. Sharon is always available to visit with patients, check in with the families for the Tuck-In Service and serves on the Spring Breakfast Committee, none of which are small tasks. Everyone at Craven County Home Health and Hospice knows her name and appreciates all she does. The plaque this year is a perpetual plaque that will remain at the office beside the Hospice Bulletin Board. Congratulations, Sharon and THANK YOU!



Sharon Warren, Volunteer of the Year

Volunteers Honored

The Hospice volunteers prove to be invaluable in all that they do for the Hospice patients and their families and are a mainstay in our agency. For that reason, a luncheon at Lawson's Landing Riverwalk Café at the new Tryon Palace History Education Center was given in their honor on April 12. It was a wonderful atmosphere to let them know how much they are appreciated and everyone enjoyed a delicious meal as well as great camaraderie. Joan Whitley, Volunteer Coordinator, shared the feelings of the staff by letting the volunteers know how much they are appreciated. They were also acknowledged for their dedication and years of service. Among all of the others, Stan Rinehart, last year's Volunteer of the Year, was recognized for his 12 years at CCHD Hospice, Glenn Hamilton– for 15 years and Miki Buie for 19 years! This year's Volunteer of the Year was awarded to Sharon Warren. She was voted on by the staff and her peers and won hands down for all that she does. The luncheon was a great time, with great food and good friends honoring the work of the unselfish, and dedicated people we call Volunteers.



Michael McCaffrey

Helen Murray
Carol Wetzl and Family
Mary Larson
Joan Venable
Catherine Cooper

Dr. Verna Barefoot

Thomas and Anne Barefoot

Donation to Hospice

Alton R. Lamm, Jr.
Helping Hands Circle, Trinity
United Methodist Church

Helen Shank

Kimberly Wright
James and Bradley Shank
Diane Speake

Ronald Snell

Margaret Brickle

Carolee Koehler

Richard Koehler

Daniel Stallings

Trent Cadillac Buick GMC
Jim and Rita Gura
Debby Crayton
Jenna and Rick Huff

John Gumbrecht

Grace A. Gumbrecht

Learn Carter

Nora Carter

Dr. Ashley Stroud

Trent Cadillac Buick GMC
Dr. and Mrs. Robert Monteiro

Charles O'Brien

Mike and Peggy Gleason

Emogene Humphrey

Frank and Joan Anderson
Catherine E. Wilson

Thomas Ormsbee Family

William T. and Carolyn Hopkins

William Kennedy

Oleta Feltes
Marilyn & Julien Quesnelle
and Family
John and Suzanne Kennedy

Audrey Bratton

Col. Hubert E. Allen

Jeanette Gibson

Alton and Eula Jones
Shirley Truslow
Coastal Carolina Basketweavers
Lydia G. Gibson

Donald and Barbara Weiller

B & B Outdoor Power

Heath, Ashley, Matthew,
& Mollie Edmiston

Alton and Lisa Jones

Joann Walker Staten

JT Barber HS 1961 Class Reunion

Robert Gordon

Josephine Gordon



Donations to Craven County Health Dept. Home Health-Hospice

The donations you send in to our agency are vital to our Hospice patients. Hospice is a service of Craven County Health Department Home Health Hospice Agency, a non-profit organization. Your donations will go to in-need Hospice patients for supplies that they might require like respite, medications, services, equipment, etc.

Mail your check to:

Craven County Health Department Home Health-Hospice
PO Drawer 12610
New Bern, NC 28561

Please make the check payable to CCHD– Foundation.

Your support is a true relief to any Hospice patient.

Volunteer Training

Coming Soon

“Too often we under-estimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around. -- “

Dr. Felice Leonardo Buscaglia

Hospice Volunteer Orientation and Training is being planned for the fall. If you are interested, please call the office at 636-4930.



Hospice Wish List

Thanks for all the donations of sheets, monitors and equipment.

**Craven County
Health Department
Home Health Hospice Agency**
PO Drawer 12610
2818 Neuse Blvd
New Bern, NC 28561



Hospice is a coordinated palliative and supportive care (physical, psychological, social and spiritual) for dying persons and their families. Services are provided in the home by an interdisciplinary team of professionals and volunteers. Bereavement care is available to the family.