



# Hospice News

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Spring 2011

Craven County Home Health-Hospice Agency

## *The Craven County Health Department Home Health-Hospice What Sets Us Apart ....*

The Craven County Health Department Hospice Agency is one of several accredited and Medicare certified agencies in Craven County. Why choose CCHD, what sets us apart?

The Craven County Health Department Foundation is a non-profit corporation whose purpose is to educate, provide assistance to and raise funds for the benefit of Craven County Health Department. The Foundation Board is made of up eleven experienced and compassionate members who oversee the use of the funds in its care. The CCHD Home Health –Hospice Agency is fortunate in that it has this Foundation to help offset expenses and to help the patients that cannot afford

the services of Hospice. This is what sets us apart from the rest of the agencies in Craven County.



*Blessed are they who understand  
My faltering steps and palsied hand,*

*Blessed are they who know my ears today  
Must strain to catch the words they say.*

*Blessed are they who seem to know  
that my eyes are dim and my wits are slow.*

*Blessed are they who look away when coffee  
Spilled on the table today.*

*Blessed are they with a cheery smile  
Who stop to chat for a little while.*

*Blessed are they who never say,  
"You've told that story twice today."*

*Blessed are they who know the ways to  
Bring back yesterdays.*

*Blessed are they who make it known  
That I'm loved, respected and not alone.*

*Blessed are they who know I'm at a loss  
To find the strength to carry my cross.*

*Blessed are they who ease the days  
On my journey Home in loving ways.*

*Author unknown*

*According to the Hospice Association of America*

*The need for hospice services will continue to rise due to the growing aging population and the rising health care costs. More importantly, medical professionals, as well as the general public are choosing hospice over other forms of health care delivery because of its holistic, patient-family, in-home centered philosophy.*

The Craven County Health Department Foundation makes Hospice available to all Craven County residents. Although other hospice agencies may charge a fee for their services, CCHD Hospice covers many patients without coverage through funding from the Foundation. Patients are never turned away from Hospice because of inability to pay. The Foundation will cover expenses for many services for in-need patients and their families with end of life care. It helps with respite services, durable medical equipment such as hospital beds and walkers, and medications. Unlike for-profit providers that also offer quality services, CCHD Hospice does not have to generate profits for return to its owners or shareholders. Any income over and above the operating cost is devoted to enhancing patient care. In fact, for-profit Hospice agencies have been known to send their patients to CCHD Hospice because they are not set up to absorb the expense of patients that don't have insurance, or those whose insurance has been maxed out. These patients are supported by the Foundation. It's the Craven County Health Department Foundation which makes all this possible.

***This is what sets us apart.***



# Recipes

## Cherry Salad Supreme



*A Very Special Thank You to Hospice Volunteer, Mary Lou Infinito for submitting this delicious recipe!*

### Ingredients:

- ◆ 1- 3oz. Pkg. Raspberry Gelatin dissolved in 1 cup boiling water
- ◆ 1- 21 oz. can cherry pie filling.
- ◆ 1-3 oz Pkg. Lemon Gelatin dissolved in 1 cup boiling water
- ◆ 1-3 oz. Pkg. Cream Cheese
- ◆ 1/3 cup Mayonnaise
- ◆ 1 cup crushed Pineapple
- ◆ 1/2 cup whipping cream
- ◆ 1 Cup tiny Marshmallows
- ◆ 2 tablespoons chopped nuts



### Directions:

Dissolve Raspberry Gelatin in boiling water. Stir in pie filling. Turn into a 9" square baking dish. Chill until partially set. Dissolve Lemon Gelatin in boiling water. Beat together cream cheese and mayonnaise. Gradually add lemon gelatin. Stir in undrained pineapple. Whip the cream and fold into lemon mixture with marshmallows. Spread over cherry layer. Top with nuts. Chill until set.

Craven County Hospice has been asked to start up a section in our newsletter listing different types of recipes. We plan to eventually have a Hospice Recipe Cookbook that everyone could enjoy. If interested in sending in your recipe, please mail to: Craven County Home Health-Hospice PO Drawer 12610 New Bern, NC 28561 or e-mail your recipe along with a picture to: [jwhitley@cravencountync.gov](mailto:jwhitley@cravencountync.gov)

## "Health and Wellness Fair"



Craven County Health Department Home Health-Hospice will participate in the Health and Wellness Fair at New Bern Mall on March 31st. It is being promoted by area Assisted Living Facilities, Home Health Agencies and Medical Equipment Companies. Several booths will be set up for demonstrations of medical equipment, blood pressure checks, physical fitness assessments and BMI assessments. Craven County Home Health Hospice will have a table to show what is available through our agency. Come check it out!

## Events to Look Forward to...

*Craven County Health Department Home Health-Hospice has some exciting events to look for in the Spring !*

- ◆ **March "Bereavement Support Group Sessions"**  
5:30pm *McCarthy Court Apartments* Hospice Medical Social Worker, Sam Smith, CSW, will be holding a series of workshops for bereaved individuals. There is no cost and all are welcome to come. Call 636-4930 for more information. Next session to begin in August.
- ◆ **March 31, 2011 "Health & Wellness Fair"**  
10:00am—2:00pm —*New Bern Mall. Blood Pressure check by our Home Health-Hospice Nurses.*
- ◆ **April 10-16, 2011 National Volunteer Week**
- ◆ **May 18, 2011 "Spring Breakfast"**  
7:30am-9am *New Bern Riverfront Convention Center*  
The Spring Breakfast, CCHD Foundation's largest fundraiser will be held at the Convention Center this year. Cost of the tables will be \$100. The sponsors will be working for "tips" or donations to the Foundation. Contact Joan Whitley at 636-4930 for information.



**I Couldn't Have Said It Better Myself.....**

**From D.J. Cronin's Blog**

## **A Thank You Speech for Volunteers** *by DJ Cronin*

You make a difference in the dash.

Life is short. In the scheme of things this oft quoted saying must be true. Our planet has been here for millions of years - our universe billions.

On our headstones will be the etching of when we were born and the date when we died. For example 1960 - 2050.

What matters to me are not the two years mentioned. It is the dash. That little dash. That's our life. That represents to me the short time we have, here, to make a difference, or not.

And making a difference means so many different things to so many people.

But for you, the volunteer, what you do during that dash is most significant.

You can give me money for my cause. Sure. But I may pay that back to you. Say you give a dollar a month. It is appreciated without doubt. It is your dollar. However you may pick it up elsewhere. Something extra you do. Some other way of earning that buck. But how do we give back time?

As a volunteer you give time. Time. The most precious resource in our lives.

Look at the dash. How many hours are in there? It's not billions. It's not infinite. Money can be printed. Time cannot.

Once you give an hour of your time it is lost forever. That hour you just gave volunteering will never be replicated.

Your time volunteering must be valued but we can never put a value on that time. How can you value something that is priceless?

As a volunteer you bring much to this organization. Skills, advice, experience, friendship, vision, leadership, inspiration etc. That you bring. But time you give. In our time poor world you bear the gift of time. You choose to donate the most precious commodity in the known universe.

We may count your time in numbers. We may attempt to count your time in cash value.

Though such methods have their reasons we will all be poorer if we don't realize that the giving of your time is simply and utterly **magnificent**.

So today, we take a little time out to thank you for the amazing "time in" that you give.

Truly, thanks for your time!



D.J. Cronin is Manager of Volunteer Services at Greenslopes Private Hospital in Brisbane, which is the largest private hospital in Australia. Irish born, Cronin began volunteering for organizations at the age of 15 and has been active in volunteering for most of his life. His blog is posted at <http://djcronin.blogspot.com/>

## *National Volunteer Week* April 10-16, 2011



Sr. Monique Dissen. IHM spoke to the Hospice volunteers during their monthly meeting in February. She is a Sister of the Immaculate Heart of Mary associated with St. Paul Catholic Church here in New Bern. Sr. Monique taught school for 38 years and then was called to care for her parents. She then came to New Bern to work with the sick and hospitalized. Sister feels that it has been a mission and journey of faith to be so involved with terminally ill patients. This soft spoken and compassionate woman serves as an inspiration to all.

## Hospice Memorials

**William Coward**

Family of William Coward

**Caroline Maresca**

James and Maureen Comer

**Donation to Hospice**

Albert and Marion Friedlander

Grace A. Gumbrecht

**Charles Parker**

Alton R. Lamm

Dallas Waters

Michael and Diane Foster

Thomas G. Horne

Edgar Parker, Jr. Family

**Ronald Snell**

Judith M. Taylor

**James Anderson**

The Family of James Anderson

Janice Morris

**Betty Forbes**

Doris and Rick Moser

**Andrew Preston**

Family of Andrew Preston

Linda E. Moore

**Michael McCaffrey**

Paul and Brownie French

Michael and Karen Reed

Linda and Leo Boucher

Anne B. Massey

**Charles Waechter**

Barbara Waechter

**Ola Henry**

Ivan Gilbert

Betty Gurganus

Downeast Coalition for

American Veterans

Jim and Laveta Joy Hush

Barbara Braswell

Jane Means

Arlo and Martha Gibson

Vernon and Ruby Gibson

Noel and Bonnie Gibson Miller

Darleen Gibson Breen

**Aaron Chauvin**

Lenora Chauvin



**Donations to Craven County Health Dept. Home Health-Hospice**

The donations you send in to our agency are vital to our Hospice patients. Hospice is a service of Craven County Health Department Home Health Hospice Agency, a non-profit organization. Your donations will go to in-need Hospice patients for supplies that they might require like respite, medications, services, equipment, etc.

**Mail your check to:**

Craven County Health Department Home Health-Hospice  
PO Drawer 12610  
New Bern, NC 28561

*Please make the check payable to CCHD- Foundation.*

*Your support is a true relief to any Hospice patient.*

**FYI**

Spring Breakfast Tables are still available! Table cost \$100 per table. Come and join the fun and support a great cause on Wednesday May 18, 2011 from 7:30-9:00am at New Bern Riverfront Convention Center Call Joan Whitley at 636-4930 for more information!

**Hospice Wish List**



Baby Monitors

XL Twin Sheet Sets

Yarn (for Hospice Blankets)

**Craven County  
Health Department  
Home Health Hospice Agency**  
PO Drawer 12610  
2818 Neuse Blvd  
New Bern, NC 28561



Hospice is a coordinated palliative and supportive care (physical, psychological, social and spiritual) for dying persons and their families. Services are provided in the home by an interdisciplinary team of professionals and volunteers. Bereavement care is available to the family.