



# Hospice News

Volume XXX, Issue 4

Winter 2010

Craven County Home Health-Hospice Agency

## *Celebrating 30 years of Serving Craven County!*

### *28 Years of Service*

### *Congratulations on your retirement , Lena Golding*

Lena Golding, Hospice Secretary, retired from Home Health-Hospice on December 31, 2010 after 28 years of service. Lena was honored with a retirement party hosted by the employees of CCHD Home Health-Hospice on December 30, 2010. Many of Lena's friends, family members & former employees of CCHD Hospice were present. Dr. Sidney Barnwell, Hospice Medical Director, honored Lena with a presentation noting the many different locations (four) & different jobs that she has performed throughout her years with CCHD. Lena graduated from NBHS & Mt. Olive Junior College & also attended FWB Bible College in Nashville, TN & attended Ashland Theological Seminary.



Lena came to work the first time in 1957 when CCHD was located on Broad St. next to Carolina Telephone as secretary to the Health Dept. Directors, Dr. Eugene Hardin & then Dr. William Brown. There was a staff of 10 in the entire health department then and now there are 150! Lena & Walt moved to

Alaska in 1963 & she returned in 1973 as Dr.

Verna Barefoot's (Health Dept. Director) secretary when CCHD was located at old St. Luke's Hospital on George St. Lena left & came back again in 1977 to work in Home Health when CCHD was located at the old William West Home on Neuse Blvd (next to the hospital). Lena & Walt left again in 1978 & did not return until 1989.

Lena & her husband, Walt, have traveled to all but two states (Hawaii & Ne-



vada) & have also traveled overseas with Walt's job as a chaplain in the military. While in London in 1982, Lena visited an in-patient hospice & this was her first encounter with hospice. Lena was here to stay from 1989 to 2010 as Hospice Secretary at the new Human Services Complex that we are still in today.



**Good luck, Miss Lena, We will miss you!**



# Heartwarming Recipes

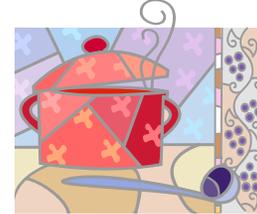


## Chicken and Rice Soup

Serves 6

### Ingredients:

- 2 cups diced or canned cooked chicken
- 1 cup diced carrots
- 1 cup sliced celery
- 2 chicken bouillon cubes
- 1/2 cup long grain rice
- 1 teaspoon poultry seasoning
- salt and pepper to taste
- 2 tablespoons cornstarch



### Directions:

Heat 6 cups of water to a boil and add the carrots, celery, bouillon cubes and seasoning. Boil for 5-10 minutes, then add the chicken and rice.  
 Reduce heat and simmer for 20 minutes or until rice is cooked.  
 Make paste with cornstarch and 1/2 cup cold water and add to soup for texture.  
 Adjust flavor with salt and pepper, add more water to obtain the consistency desired.

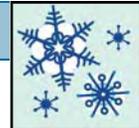
Craven County Hospice has been asked to start up a section in our newsletter listing different types of recipes. We plan to eventually have a Hospice Recipe Cookbook that everyone could enjoy. If interested in sending in your recipe, please mail to: Craven County Home Health-Hospice PO Drawer 12610 New Bern, NC 28561 or e-mail your recipe along with a picture to: [jwhitley@cravencountync.gov](mailto:jwhitley@cravencountync.gov) fax them to: (252) 636-5301

### TWO NEW TEAM MEMBERS AT CCHD HOME HEALTH-HOSPICE

Yvette Downs RN,BSN, joins our team as the **Home Health Supervisor**. She has many years of experience in Home Health both as a field Nurse and in Management. She and her daughter Brittany reside in New Bern. Welcome, Yvette!

Joan Whitley, the new **Volunteer Services Coordinator** joined the team in December. She is looking forward to the new and exciting possibilities of this position. Joan and her husband David have resided in New Bern for 30 years and take pride in calling it home.

## Events to Look Forward to...



Craven County Health Department Home Health-Hospice has some exciting upcoming events to look for in the Spring of 2011!

### ◆ Bereavement Support Group Sessions 2011

Presented by our Hospice Social Worker: Sam Smith, CSW

All sessions to be held at McCarthy Court Apartments 1321 McCarthy Blvd.

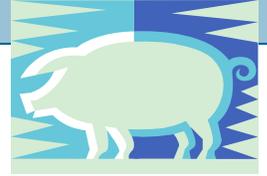
March 1	5:30pm	August 2	10:30am
March 8	5:30pm	August 9	10:30am
March 15	5:30pm	August 16	10:30am
March 22	5:30pm	August 23	10:30am
March 29	5:30pm	August 30	10:30am
April 5	5:30pm	September 6	10:30am

### ◆ Spring Breakfast

Mark your calendars for the annual Fundraiser to be held May 18th at the New Bern Convention Center.



# November: National Hospice Month



November is National Hospice Month and once again was celebrated by a Pig Pickin' graciously hosted by the Elks Lodge. The luncheon was an opportunity to recognize and celebrate the hard work of our Volunteers. It was also a time for the bereaved, Foundation members, staff and volunteers to come together and socialize. The food was delicious, the company exceptional and a great time was had by all. Thank you to the Elks and all those who worked so hard to make this event come together.



## A TIME OF REMEMBRANCE



The *Hospice Memorial Service* has become a tradition here at Craven County Home Health and Hospice. It provides us with the opportunity to commemorate and reflect on the lives of our patients who have passed during the year. Even though it is a somber occasion, our staff and employees all want to be a part of the service- the nurses, aides, Social Worker and Volunteers all pitch in to remember our patients. This year the Memorial was held on Dec. 1 at First Baptist Church with a reception following in the Family Life Center. Ornaments handmade by the Tryon Chapter of the Embroiders' Guild of America for each deceased patient were hung on the Memorial tree by their

family members and later displayed at Treasures on the Trent. A very special thank you goes to the Embroiders' Guild, First Baptist Church, Treasures on the Trent and our Hospice Volunteers for making this beautiful service possible!



**Irma Petersen**

Thomas & Kathleen Koch

**Estelle M. Sullivan**

Margaret R. Ishak

**John D. Harris**

Robert & Lois Gregory

Helga & Eric Daniels

Nancy and Dick Burfeind

Ingolf and Carol Halvorsen

James and Geraldine Fleckenstein

Paul and Nancy Dernier

Richard R. Klötz

Denton and Karen Dodd

Robert and Michelle Kehres

Martin and Georgeta Culpepper

**John J. Gumbrecht**

Joan W. Lidé

Dwight and Kim Caroon

James and Claire Waller

Irma McQuade

Grace Gumbrecht

**Robert Nooney**

Robert and Doris Johnson

Robert and Betty Graham

Circulation Dept. NB/Craven Co.

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Joanne and Lewis Christian

**Helen Shank**

Debra and Glenn Rhoads

**Robert Buie**

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Elizabeth and John Burton

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**Katherine M. Turner**

James and Jean Davis

Maggy Costandy

Stephen and Marlene Whittemore

**Mildred Ferree**

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Russell G. Sherrill

Rodger and Katherine Carter

Scott, Bob and Clarice Kennedy

Mrs. Louis R. Wilkerson

Louise B. Ledbetter

Sharon B. Warren

Elliot and Connie Bossen

Suzanne N. Davis

Roger and Linda Brantley

Nona C. and Jerry S. Alvis

George and Patricia Kelly

**Richard Pade**

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Dr. Rebecca L. Forrest

Margaret K. Harrison

Dorothy L. Doran

Barbara Gulli

Joan and Herbert Clark

Rafael and Linda Belliard

Doris Pade

Martin and Mary Olstad

H.H. and Sara McConnell

Dr. Barbara Kos-Munson

Kathryn Bowen-Smith

**Jane Smith**

Doris L. Moser

Raymond F. Wolff

**Elizabeth Didio**

Emily Notrica

Iris Lee Jones

Gerry Eakes Baxter

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**Matthew L. Collins**

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Mary and Fred Bender

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**Raymond Siegmann**

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**Grace Burnette**

Charles and Maria Schwab

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Carolyn B. Willis

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**Lily Stusalitus**

James and Rita Gura

**Grace Wheeler**

Lucille B. Long

**Marie Sager.**

Robert E. Sager

**Betty Noble**

Robert Guthy and Louise Vondran

**Kathryn Edwards**

F.G. and P. G. Hall

Jean B. Pollard

Joseph and Patricia Garzik

**Marylus Menius**

Henry and Deborah Stilley

**David Sousa**

Ann and Hans Jessen

**James D. Anderson**

Ernest and Teresa Anderson

**Donation to Hospice**

Embroiderers Guild of America, Inc. Tryon Chapter

Michael and Peggy Gleason

Robert and Patricia Nicholson

Adele Hauck

Dr. David and Anna Hurst

J. Christopher and Ann Badenoch Hayes

Chantal Huestis

Colleen Sadler

**Theodore Daniell**

James and Deborah Brickett

Ann E. Daniell

Victoria and Thomas Creamer

Janet Korzekwinski

**Edward Uhlig**

Irma McQuade



**Donations to Craven County Health Dept. Home Health-Hospice**

The donations you send in to our agency are vital to our Hospice patients. Hospice is a service of Craven County Health Department Home Health Hospice Agency, a non-profit organization. Your donations will go to in-need Hospice patients for supplies that they might require like respite, medications, services, equipment, etc.

**Mail your check to:**

Craven County Health Department Home Health-Hospice

PO Drawer 12610

New Bern, NC 28561

Please make the check payable to CCHD- Foundation.



**Craven County  
Health Department  
Home Health Hospice Agency**  
PO Drawer 12610  
2818 Neuse Blvd  
New Bern, NC 28561

Hospice is a coordinated palliative and supportive care (physical, psychological, social and spiritual) for dying persons and their families. Services are provided in the home by an interdisciplinary team of professionals and volunteers. Bereavement care is available to the family.