



# Hospice News

Volume XXX, Issue 2

Summer 2010

Craven County Home Health-Hospice Agency

*Celebrating 30 years of Serving Craven County!*

## *The 7th Annual Spring Breakfast Fundraiser*

On Wednesday, May 12th 2010, the Craven County Health Department Home Health-Hospice held its 7th annual Spring Breakfast fundraiser at the New Bern Golf and Country Club, sponsored by the Craven County Health Department Foundation, Inc. Funds raised at the Spring Breakfast support Respite Aide Services provided to Hospice patients and families in our community.

Respite aides go into the home to help provide care for a Hospice patient while the caregiver takes a much needed break. They cook light meals, do housework, help bathe and stay with a patient, allowing caregivers to leave the home. The respite aide service is paid through our Foundation. All donations are directed toward care of patients and their families and for the enhancement of Hospice services.

At the Spring Breakfast, 18 individuals and companies around the community sponsored tables for \$100. They were then asked to invite about 8 guests to their table. During the Spring Breakfast, the sponsors served their guests beverages for generous "tips", or donations to our Hospice Agency.

Guests and Sponsors at the Spring Breakfast enjoyed good food, great company and a wonderful guest speaker. This year, Dr. Myrle Swicegood, a Hospice Volunteer and past Hospice family member, spoke beautifully to the guests of the Spring Breakfast about Hospice Services. As always, Dr. Swicegood inspired many with her wonderful words and was a great addition to this year's Spring Breakfast. We cannot thank her enough for her time and talent.

This year's Spring Breakfast was quite a success! So far, with the help from our generous sponsors and guests, we have raised about \$9,500 and the donations are still coming in! We couldn't have achieved such success without the hard work of our table sponsors who served their guests so well that the tips are continually coming in! We also couldn't have had such a smooth running Spring Breakfast without the hardworking Hospice volunteers and staff!

*Thank you all so much for making this Spring Breakfast a true success once again!*



*A special thank you to Wendy Graveman at Pinecone Perennials for donating flowers for the tables at the Spring Breakfast!*



# Recipes

## Lynn's Surf and Turf

### Ingredients:

- ◆ 1 1/2 sleeves Ritz Crackers
- ◆ 1 stick salted butter, melted
- ◆ 1 small can, Real crab meat
- ◆ Garlic Powder
- ◆ Onion Powder
- ◆ Salt and Pepper
- ◆ 1 lb. 16-20 shrimp, shelled, deveined and split but not all the way through .
- ◆ *For the turf part*, can use any Good cut of steak, and season with Salt and pepper and grill to taste



### Directions:

- ◆ Put crackers in a large zip-lock bag and crush with a rolling pin until finely crushed.
- ◆ Add melted butter and mix thoroughly
- ◆ Add crab meat and seasonings to taste to form into little balls
- ◆ Put balls into shrimp, curling the tail of the shrimp over the top
- ◆ Bake for 10-12 minutes at 350 degrees Fahrenheit

Craven County Hospice has been asked to start up a section in our newsletter listing different types of recipes. We plan to eventually have a Hospice Recipe Cookbook that everyone could enjoy.

If interested in sending in your recipe, please mail to: Craven County Home Health-Hospice

PO Drawer 12610

New Bern, NC 28561

or e-mail your recipe along with a picture to: [mmurray@cravencountync.gov](mailto:mmurray@cravencountync.gov)

fax them to: (252) 636-5301

## The Craven County Health Department Foundation's Masquerade Ball: Celebrating 30 Years!

On November 5th from 6:00-11:00pm, Craven County Health Department Foundation will be hosting a formal ball at the Carolina Colours Pavilion. This ball will be held in celebration of Craven County Health Department Home Health-Hospice's 30th anniversary of serving Craven County residents.

The exciting part about the ball, is the "Masquerade" theme in which guests are required to wear a mask, hiding their identity. Toward the end of the night, guests will be asked to reveal their true identities, by removing their masks. Fun will be had by all with a silent auction, entertainment, dancing, dinner and a little bit of mystery!

Funds raised for this event will benefit in need Hospice patients with equipment and services they might require such as: respite services, durable medical equipment, medicine, etc.

If you would like to join in on the fun please contact our Volunteer Coordinator, Meghan Murray for more information at 636-4930!

***Won't You Join Us in the Mystery?...***





On March 12, 2010, three volunteers: Glenn Hamilton, Miki Buie, and Corinne Murphy participated in our bereavement volunteer training. This training will allow these dedicated volunteers to work with active Hospice patients, as well as work with those families that are on our Hospice Bereavement services.

The Craven County Health Department Home Health–Hospice Bereavement program is comprised of services extended to the community and all Hospice families to help one through the grief process. We offer the bereaved: support groups (see back page for details), mailings, follow-up phone calls, social work visits and now volunteer visits from trained Hospice volunteers.

Now these three trained volunteers will be able to assist in our bereavement program in a significant way! Bereavement volunteers provide visits and follow-up phone calls to bereaved. In addition, they help with bereavement mailings and clerical work associated with our bereavement support group sessions.

Our next bereavement training will be held July, 2010. For more information contact our Volunteer Coordinator, Meghan Murray at 636-4930.



*Volunteer Recognition Luncheon*



On April 28th we celebrated National Volunteer Week by holding our annual Volunteer Luncheon. There would not be a Hospice without the hard work of all of our Volunteers and the luncheon is a very small way of recognizing and honoring the dedication of our Hospice volunteers.

The volunteers had lunch and received a starfish keychain, symbolizing how we all can make a difference in someone's life in our volunteer work. They each also received a unique certificate for their service to our Hospice agency. Janie Williams for example, received an award for the most miles traveled for a patient, for once driving 54 miles back and

forth to see a patient who really needed someone. Morag Cheesman received an award for "Passionate About Hospice" for always trying to spread the word about Hospice. These were two of the many awards given out to our volunteers. We thank them always for their time and dedication. Thank you volunteers!!!!!!!!!!!!!!

*Volunteer of the Year: Stan Rinehart!!*

**Congratulations to our Volunteer of the Year: Stan Rinehart!**

Stan Rinehart is an excellent patient volunteer who, year in and year out, has committed his time and talents to our Hospice patients. Stan is loved dearly by the Hospice families he is assigned to and is always dependable to both our families and our Hospice Staff. He is so kind and funny; we are so lucky to have him on our Hospice Team! You can see Stan on our new Hospice billboard in James City! Congrats Stan and Thank You for doing a wonderful job!





## **Ann Hannigan**

Elizabeth Jane Tessmer  
Mary Iorio  
Mary Alice Styron  
Richard & Ellen Der Aris  
Winifred C. Harvey  
Kathleen & Robert Boone

## **A. Bruce Milne**

Christine S. Milne  
Gail & Herman Schiller  
Richard R. Klotz  
Ann Sibling  
Elliott & Ina Alterman  
Beverly & Brian Cerow  
Patrick & Katherine Daly  
Margaret E. Pope

Donna E. Rhein

Robert & Suzanne Oram

Morag J. Cheesman

Cotten Funeral Home & Crematory

## **Mossie M. Morgan**

Whit & Patricia Morgan

## **Kenneth A. Trommers**

Phyllis A. Trommers

## **Caroline Maresca**

Shirley L. Kuhn  
Dean & Raynelle Perkins  
Hildegard Wahl

Nancy Olson

Ann Griffin

Eileen D. Wegner

Dorothy K. Bugle

William & Katherine Olah

David & Sharon Baker

Maureen Seaman

Charlotte Plack

Mary & Leo Giutini

Alice Scheff

Francis J. Monahan, Jr.

Morag Cheesman

John & Mary Ann Harzinski

Cotten Funeral Home & Crematory

## **John Rogers, Charles Sharp & Melbourn Hearren**

Pollock Best Funerals

## **Sadler, Quinn & Martin**

Cotten Funeral Home

## **Hans Petersen**

Steve & Dominique McPhail

Janet & Ronald Kaminski

Norman & Jennifer Cechin

Cheryle W. Doggett

William & Valerie Fryczynski

Delio & Patricia Lopez

Patricia & Lloyd Lindstrom

Daniel McGee

Jerry & Jimmie Rae Hopper

Robert & Beverly Connolly

Dennis & Katherine Scalise

Billy & Betty Gerlach

Earl & Barbara Harris

Howard & Rowena Hufnagel

FERREIRA & ISBELL, LLC

Barbara R. Hall

## **Reginald Daugherty**

Penny & Jeffrey Williams

Ann Stewart

Cathy McLamb

R.E. & Grace Penny

Les Wooten

Bernard & Constance Brunese

Lester & Brigitte Wooten

### Donations to Craven County Health Dept. Home Health-Hospice

The donations you send in to our agency are vital to our Hospice patients. Hospice is a service of Craven County Health Department Home Health Hospice Agency, a non-profit organization. Your donations will go to in need Hospice patients for supplies that they might require like respite, medications, services, equipment, etc.

#### **Mail your check to:**

Craven County Health Department Home Health-Hospice  
PO Drawer 12610  
New Bern, NC 28561

*Please make the check payable to CCHD- Foundation.  
Your support is a true relief to any Hospice patient.*



Craven County Home Health-Hospice will be holding a six week bereavement support group session. This session will be held from August 3rd-September 7th. All group sessions are on Tuesdays at 10:30am at McCarthy Court Apartments and they are open to the community.

For more information, please contact:  
Sam Smith at **636-4930** or  
email: [ssmith@cravencountync.gov](mailto:ssmith@cravencountync.gov)

Phone: 252-636-4930

Fax: 252-636-5301

Email: [mmurray@cravencountync.gov](mailto:mmurray@cravencountync.gov)

**Craven County  
Health Department  
Home Health Hospice Agency**  
PO Drawer 12610  
2818 Neuse Blvd  
New Bern, NC 28561



### Hospice Wish List



- ◆ Baby Monitors
- ◆ XL Twin Sheet Set
- ◆ Hospice/Bereavement Books or videos to expand our library

Hospice is a coordinated palliative and supportive care (physical, psychological, social and spiritual) for dying persons and their families. Services are provided in the home by an interdisciplinary team of professionals and volunteers. Bereavement care is available to the family.