

Hospice Memorials

When you make a memorial gift or donation to CCHD Hospice you are ultimately helping patients and families receive compassionate care when they need it most. These donations go towards supplies, medications and medical equipment that are not otherwise covered. Thank you for choosing Craven County Hospice.

Please make the check payable to **CCHD- Foundation.**

PO Drawer 12610, New Bern, NC 28561

Thank you for your donations in Memory Of:

Derl Roberts

Doris Penrod
Carl Pollard
Mary Roberts
Randall and Jane Peacock

Henry Gaskins

Brenda F. Gibson
Denise Willey
Larry and Jane Revels

Nancy Burd

S. M. Callahan
Gwendolyn B. Guiler
Barbara A. Bennett
Chris & Mandy Rosenberry
And children
Kathryn Novy
Steve & Marsha Sackenheim

Wendell "Chub" Howard

John Griffin
Rosie Smith
Charles and Marie Schwab
Peter Heiman
Gloria Phillips
Michael Jones
Guy and Betty Williams
Wade and Chris Matthews
Jean T. Oren
Julia Speight
Pat Moser
David Clifton
George and Donna Zaytoun
Sheila Daniels
Peggy Honrine
Mr. & Mrs. Russell Gabrielson

Jane Neal

Carolyn Russell, the Family
Of Jane Neal

Preston R. Jones

Riverbend LGA/G&CC
Margaret Abenante
ENC Broadcasting Corp.

Victor Hodson

Annett Wagner



Wish List

Have you ever received restaurant gift cards right after you started your diet? Does your book club or alumni association get together for service projects? Perhaps you'd like to help us by collecting and donating new and unused items from our wish list. Thank you!

Twin XL sheets
Wipes

Baby Monitors
Disposable gloves



Plastic Wash Basins
Washcloths

Gift Cards



Craven County Hospice
PO Drawer 12610
2818 Neuse Blvd
New Bern, NC 28561



Hospice is a coordinated palliative and supportive care (physical, psychological, social, and spiritual) for dying persons and their families. Services are provided in the home by an interdisciplinary team of professionals and volunteers. Bereavement care is available to the family.



Hospice News

Volume XXXV, Issue 2 Summer 2015
Craven County Hospice

Quality Service in Craven County for Over 30 Years

Spring Breakfast- A Huge Success!!!!

The 12th annual Spring Breakfast Fundraiser for Hospice was bigger than ever! The event raises money for Craven County Health Department Foundation Hospice Fund to aid with respite and Hospice services that are not



covered by Medicare or private insurance. All eyes were on Elizabeth Junak, RN, Executive Director of the Craven County Health Dept. Foundation, and previous Hospice nurse, as she spoke from the heart about her recent experience of caring for a loved one on Hospice. She told us that even when you have the knowledge and experience of being a hospice nurse, when a loved one is involved, the heart often overrides what knowledge tells you. She also said, as many families do, that you really can't "know" and understand the importance of hospice until you experience it. She challenged us all to spread the



word about Hospice and help educate the community to make sure that everyone is afforded the opportunity to live their last days at home and with dignity.

Many thanks to all of the guests and sponsors for their time, support and generous donations!



Thank You!!



Smashed Potatoes 5 servings

Ingredients

- 2 pounds small red potatoes
- 4-6 tablespoons olive oil
- Sea salt and pepper to taste
- Rosemary to taste

Directions

1. Boil potatoes until tender, cool slightly.
2. Preheat oven to 450°.
3. Drizzle olive oil on sheet pan and place potatoes on pan. Using a potato masher, press down on each potato until flattened. Drizzle with remainder of olive oil, add salt, pepper and rosemary. Bake for 20-25 minutes until browned and crisp.

Craven County Hospice would like to print a Hospice Recipe Cookbook that everyone could enjoy. If interested in sending in your recipe, please mail to: Craven County Hospice, PO Drawer 12610, New Bern, NC 28561 or e-mail your recipe along with a picture to: jwhitley@cravencountync.gov

Happenings at Hospice

Craven County Hospice offers free assistance to anyone wanting to complete an Advance Directive- Living Will and/or a Health Care Power of Attorney. Please call the office at 252-636-4930, to schedule a time to complete your Advanced Directive. Look for our “Before I Die...”(Bucket List) Board around town. What would you like to do, before you die? Hopefully one thing is to complete an Advanced Directive and let your final wishes be known.



Are you interested in becoming a **Hospice Volunteer**? We are looking for dedicated men and women of all ages, who are willing to give of their time and talents, both in patient care and office assistance. We especially need volunteers in the Havelock, Vanceboro and Cove City areas. The next Training will be on June 23 and 24. If you would like to Volunteer, or need more information, please call 252-636-4930.

Bereavement Support Group will start on June 19 for 6 weeks. Call 636-4930 for information.



Volunteers

Volunteer of the Year

Doris Varga was chosen Craven County Hospice Volunteer of the Year and presented the plaque at the Volunteer Recognition luncheon held at La Rosa Restaurant on April 28. The plaque is displayed in the Hospice Hall at the Health Department year round.

Doris has been volunteering for over 10 years as a direct patient care volunteer and also works in the office making Check-In calls and doing whatever is needed for Hospice. In November, Doris helped prepare over 1000 goodie bags for Veterans, and she has been known to travel many miles to deliver pies, poinsettias, and ornaments to the Hospice patients and their families. She is a compassionate, willing, and enthusiastic person who is greatly appreciated by the patients, staff and other volunteers.

Doris is a retired nurse and lives in River Bend with her husband Frank. Congratulations, Doris, and thanks for all that you do!



Cruella earned her stripes. It's now official, she has been certified with **Love on a Leash**. Congratulations, Sarah and Cru!

Craven County Hospice is looking forward to celebrating its 35th anniversary in September. In 1980, under the guidance of Dr. Verna Barefoot, Hospice services were added to the County Home Health program. Over the past 35 years, our hospice has seen change, but more importantly, we have experienced growth. This growth has enabled us to bring awareness to the community of the value of, and need for hospice. Through the years, we have served several thousands of your family members and we will continue to serve our community with care, compassion, and professionalism. We thank you for your support for the past 35 years and many years to come. We have your family's interest at heart; we are *your hometown hospice*.

Living With Grief

Craven County Hospice, in conjunction with CarolinaEast Health System and Cotten Funeral Home, will be presenting the Hospice Foundation of America's Grief Program: *The Longest Loss: Alzheimer's Disease and Dementia* on Wednesday, August 5. This program will explore the ways in which caregivers, healthcare workers, hospices, educators, social workers, counselors, clergy, funeral directors and other professionals can best help patients, families and themselves cope with this disease. For more information and to register for this webinar and panel discussion, visit www.carolinaeasthealth.com/events. Continuing education credits will be available to eligible attendees.

Thank You!!

Craven County Health Department Foundation, Inc.
Annual Spring Breakfast 2015
 Fundraiser for Hospice

Thank you to the businesses and individuals who so generously offered their time, talent and financial support to make the Spring Breakfast a success.

Sponsors

Embroiderers Guild of America, Tryon Chapter Marilyn Brewer, H& R Block Pete Deichmann, Trent Cadillac Buick GMC Whit and Pat Morgan Bill Knight, Pollock Best Funeral Home Marie Phillips Leigh Wilkinson, Ward and Smith Maggy Costandy, Maggy Costandy Interiors Steve Woolard, The Little Bank Mrs. Verdelle Newby Steve Cella, Cella Ford Miriam Willis, First South Bank Russ Hackett, Cotten Funeral Home Tully McDonald, Zaytoun Raines Real Estate Mrs. Natalie Baggett Wendy Fisher, Fisher Oil Company	Jim and Web Slaughter Reg Poteat, Courtyard by Marriott Mr. Robert Norris Tiffany Dove, Oscars Mortuary Mrs. Sharon Warren Scott Harrelson, Craven County Health Director Mary Louise Whitlow Sabrina Bengel Denise Staton Keller Williams Rebecca Stewart/ Gentiva Home Health Elizabeth Junak CarolinaEast Medical Center Laura Hearne/ Hearne's Jewelers Jeff Thomas, DDS
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Proceeds from this event will be earmarked for the Hospice Respite Aide Program.
 Craven County Health Department Foundation, Inc. is a nonprofit, 501(c)(3) corporation.

