

## Hospice Memorials (from page 3)

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# Hospice News

Volume XXXV, Issue III Fall 2016  
Craven County Hospice

*Your Hometown Hospice for Over 35 Years*

## Hospice Stories – Patient gets last wish -- sand, sugar, & sangria

None of Ruth “Ellie” Duckett's friends cried at what will be her last day at the beach. About 20 friends and family members, including Ellie's 94-year-old mother, Jane, celebrated Ellie's last wish as she nears the end of a 20-year battle with breast cancer.

“This is just so special,” Ellie said as she was escorted from the ambulance to the beach on a special wheelchair designed for the sand. “You get that smell ... If that's the last smell I smell, that's a good smell.”

Rather than tears, there was laughter and lots of picture taking. And two dozen Britt's donuts donated by the famous Carolina Beach eatery. And sangria. Ellie noshed on one of the world's most famous glazed treats and sipped her drink -- alcohol is just fine and wouldn't be denied to a hospice patient said her physician, Dr. Ted Winneberger.

Paramedics from the town's Ocean Rescue team even helped her dip her toes in the ocean for the final time. “Oh, this is wonderful,” Ellie said.

Ellie will spend her last days at the Lower Cape Fear Hospice Care Center in Wilmington. She invited the media to her day at the beach to shine a light on what she said is the “excellent” care provided by hospice, both at home and at its clinics. “There's nothing sad here for me,” Ellie said. “They treat me like a queen.”

Winneberger said hospice still struggles with its image as solely a place to die. He said hospice patients tend to live a little longer because hospice helps them deal with pain that could drain a body of energy.

Ellie was the latest in what hospice calls “sentimental journeys;” a collaborative effort among hospice, medical centers, emergency services, and volunteers. Other journeys have included a man walking with his family in downtown Wilmington and a man who just wanted a glass of bourbon on the porch of his former home.

Ellie said she's always been a fighter. While cancer robbed her body of strength, it sapped nothing from her sharper-than-a-sword mind. She never wanted to be known as ‘Ellie the cancer patient’. “I'm Ellie -- a pain in the butt,” she said as her friends laughed and nodded their heads. That said, she was “terrified” when she received her diagnosis. “I sort of got into a fetal position,” Ellie said. “The moment I hit my knees, I vowed I would never do that again. I wasn't praying. I was feeling sorry for myself. That was the least productive use of my time.”

She added that she is not afraid to die. “I don't take myself too seriously. How can you?” Ellie said. “God has a plan. I don't know what that plan is, but I'm not going to question it.” Her message -- life is beautiful. And death can be beautiful too, especially when surrounded by the ones you love.

“At the end of the day, it's about relationships,” Ellie said. “Love your friends. Hug your friends.”



When you make a memorial gift or donation to Craven County Hospice you are ultimately helping patients and families receive compassionate care when they need it most. These donations go towards supplies, medications and medical equipment that are not otherwise covered. Thank you for choosing Craven County Hospice.

Please make the check payable to **CCHD– Foundation**. PO Drawer 12610, New Bern, NC 28561



Craven County Hospice  
PO Drawer 12610 2818 Neuse Blvd  
New Bern, NC 28561



Hospice is a coordinated palliative and supportive care (physical, psychological, social, and spiritual) for dying persons and their families. Services are provided in the home by an interdisciplinary team of professionals and volunteers. Bereavement care is available to the family for 13 months.

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<http://www.starnewsonline.com/news/20160603/hospice-patient-gets-last-wish---sand-sugar-and-sangria>

## Recipes



### Muscadine Grape Hull Pie makes one 9-inch pie

Muscadine grapes grow well along east coast NC with sandy soil and mild climates. Harvested in early fall, the grapes are used in wine, but are also great in pie.

Muscadines are “slip-skin” grapes with the flesh easily popping out. Hold a grape over a bowl, squeeze the pulp out with the stem end down. Put the hulls in a bowl and the grape pulp and juices into a medium saucepan. Add 3 tbsp water to pan and bring to a gentle boil over medium heat. Cook until pulp softens and begins to break down so seeds can be easily separated, 10 to 15 minutes. Transfer to large bowl and let cool. Work through the bowl of pulp and discard large round seeds.

Add grape hulls to saucepan and continue cooking to soften the hulls, for 5 minutes. Remove from heat and stir in sugar mixture and lemon juice. Pour the grape filling into the pie-crust. Scatter butter over pie filling and cover with the top crust. Press hard all around the pie to seal the crust. Make slits in the pie top so juices bubble up and steam can escape. Place the pie on a baking sheet lined with foil. Bake pie at 400 degrees F for 20 minutes. Reduce heat to 350 degrees F and continue baking until filling is thickened and bubbling hot with the crust browned, 40 to 50 minutes.

Pastry for a 9-inch double-crust pie

3/4 cup sugar    1/4 cup all purpose flour  
1/4 tsp salt    3 tbsp cold butter, cut into small pieces  
5 cups muscadine grapes (about 2 pounds), rinsed  
1 tbsp lemon juice

Heat oven to 400 degrees F. Place bottom crust into a pie pan, with the edge of the piecrust hanging over the edge of the pan by about 1 inch. Mix the sugar, flour and salt in a small bowl and stir with a fork to mix them well.

## Happenings at Hospice



Craven County Hospice nurses and aides are sporting sassy new uniforms! The navy uniforms with white logo were provided by Craven County Health Department Foundation. The logo will let everyone know that these wonderful people are proudly a part of the Craven County Hospice team.



The holidays can be especially hard for those who have recently lost loved ones. Craven County Hospice offers a grief seminar in the fall with tips on getting through the holidays. The seminar will be held at the New Bern Library on Johnson St. on October 25th at 10:30 and on October 27th at 6:30. The event is free and open to the public. Please contact the Hospice office for more information, 636-4930.



Craven County Hospice Clinical Staff  
And ECU Nursing students

ECU students will start a 6 week rotation at Craven County Hospice. Under the supervision of Hospice nurses they will visit the patients and learn about Hospice. Many students have never attended to those at the end of life, so it will be a new and very educational experience for them.



Although Veterans Day is November 11, the Golden Corral is having their Military Appreciation Night dinner for all servicemen and women on November 14th. Craven County Hospice is greatly appreciates what our military does and would like to honor them as well. We will have volunteers and staff in attendance to shake their hands and let them know that we appreciate what they have done and are currently doing to keep our country safe.



**SAVE THE DATE!**  
Military Appreciation Night  
Thank You Meal  
Monday, November 14<sup>th</sup> 2016  
5pm - 9pm

## Comings and Goings



Welcome to Shannon Collins, RN!  
Shannon has been in nursing for over 15 years and is looking forward to working with hospice. She is a local girl, born and raised in Newport, N.C., where she currently resides with her husband and two children. We are excited to have her with us!



Claudia Rose, Supervisor, presents Martina Owens, RN with her Craven County Health Department pin.

## This and That



Many thanks to our wonderful volunteers who make such a difference in peoples lives. We have direct patient care volunteers who visit with our patients and also volunteers who help out in the office. Kudos and a great big shout out to Priscilla and Stanley who have been helping out on the phones and in the office. Our office staff greatly appreciate the help!

It's not often that we see the results of the work we do, but, recently, we have been able to do just that. The bereavement support groups at Craven County Hospice are held 3 times a year and are well attended. We have learned that Mrs. B. Levine, who was encouraged to explore her talents at one of those support groups, has start painting again and has completed several beautiful paintings. Also, Mrs. R. Engemann, who also attended, has decided to volunteer at St. Paul School. Mrs. Engemann is visually impaired and volunteers with the second grade who read aloud to her. They are all enjoying this new learning concept and its a win-win for both! Our next Bereavement Support Group will start on September 15 and will be held at McCarthy Ct. Apts. in the Social Room. The group will meet for an hour and a half on Thursday mornings. Please contact Chaplain Angel Lorton for more information or to sign up. 636-4930

## Hospice Memorials

**Bequests:** Mr. Clemens Shultes passed away January 23, 2016 at the age of 93. He was a native of Germany, and he and his wife, Thekla, came to this country in 1955. Mr. Schultes worked for Barbour Boat Works here in New Bern for over 30 years. Both Mr. and Mrs. Schultes received services from Hospice in the final days of their lives. Craven County Hospice is most grateful that Mr. Schultes remembered Hospice in his trust, **in memory of Clemens and Thekla Schultes.** As a nonprofit organization, Craven County Health Department Foundation depends on this type of charitable support to strengthen the organization with new programs and services, and provide care to all in need regardless of ability to pay for service. We are honored that Mr. Schultes chose our agency as a beneficiary of his estate.

### Thank you for your donations in Memory Of:

#### Michael Francoeur

Albert Woelfle and Family  
T.A. and Patricia Bayliss  
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